AFFORDABLE ALL AUSSIE STYLE OCIOTALE AFFORDABLE ALL AUSSIE STYLE CONTROL AFFORDABLE ALL AUSSIE STYLE AFFORDABLE ALL AUSSIE STYL

















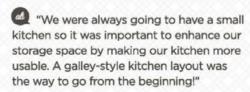
THE EXPERTS CHERIE BARBER + JAMES TREBLE + DALE VINE + DR LISA CHIMES + SCOTTY CAM

new dream kitchens



After the purchase of their inner city townhouse, Jack and Ali took on a complete renovation and transformed their older style kitchen into a contemporary masterpiece. Their goal was to be clever with their space and add an element of functionality to their kitchen.





"Because our townhouse was so old, none of the walls were square. This meant we had to be extra diligent with our measurements so that everything would line up correctly."

select

"To add warmth into the overall design, we decided on a country profile for the cabinet doors. A Yamaroo benchtop seemed like the perfect choice since it tied in with our polished concrete floor and provided a nice contrast to the Vanilla Essence doors. Drawers were added onto the island for functionality as well as a few wire baskets for easy access."

"I knew the matt black Mushroom Knob handles would look great with the black fittings we selected. We wanted to tap into a design style that was traditional, yet mixed with a touch of industrial style."

create

"The cut to measure benchtop service was a lifesaver. We provided Bunnings with our benchtop measurements and through the service, our benchtop was then cut to size for us. The most challenging part of the whole process was installing it up to our wonky walls, but we go there in the end!"

"Instead of using traditional wall cabinets, we ended up making open shelves that allowed light to seep through. Plywood from Bunnings was used to create the panels surrounding the fridge and the island end panel.

enjoy!

"It feels great waking up each morning and cooking brekkie in our amazing new kitchen! The whole room is constantly filled with light and we're so happy that our mortgage didn't get in the way of us creating our designer kitchen."

"It's definitely a big change to what we saw the first time we walked through the door ..."





for more inspiration visit kaboodle.com.au







HOMES

(AFFORDABLE, EASY, DOABLE









13 MAKEIT! See how paint tins can be transformed five

ways - into a bench, a side table, a metallic pendant light, planter pots, or even small, colour-coordinated storage tins to keep your things organised. These projects are easy to make yourself

- what a bargain!

20 EASY DIY

and start from only \$3.80

Need a creative outlet? Get your DIY on and make a copper magazine rack to store and display your mags, a large rope mat, an extremely handy kitchen-gadget holder, laundry bins to sort your washing out, and a bright and comfy beanbag that will be perfect for the kids. Each project is practical and easy to make and

the best part is they wont

blow the budget.

Sur Vince Sch

BARGAIN BUYS

29 \$30 & UNDER

We've uncovered a treasure trove of beautiful objects for each room of your home including the bedroom, bathroom, lounge and kitchen - and all of them with an affordable price tag. Choose from contemporary, classic, beachy or country -

98 BEST BUYS

whatever suits your style!

This month we're bringing you the **best vacuums** on the market so your home can be clean and dust-free at all times. From upright or bagless, to stick vacuums and even compact handheld designs, we've got your housework sorted.



38 CONTEMPORARY

Amy O'Mara's modern home in Sydney is filled with bright colours and bold pieces. She took a neutral backdrop and layered it with her own ${\bf fresh}$ and vibrant style.

46 BEACHY

Maree Nicolaci and her husband John renovated their bungalow in Northcote, Victoria, and turned it into a relaxed coastal space with its own built-in art studio

54 COUNTRY

for Maree to work from.

Friends and family are always coming to stay at Lisa Dyce's home in Noosa Heads. Set on 20 acres, with its own artist's studio, it's the perfect country retreat.

62 CLASSIC

With only a few minor changes, a timeless terrace in Melbourne has proved to be the perfect home for Carmel Membery and her family.

6 IN THIS ISSUE

Meet our talented homeowners and homes+ experts.

8 VIEWA

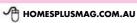
Get extra content on your phone or tablet.

ON THE COVER

This month, we meet Amy O'Mara, her husband Pete and their two kids Axel, two, and Priscilla, six months. Amy and Pete have turned their home in Sydney's Northern Beaches into a **spacious** and colourful haven.

WELCOME TO HOMES+

Style is for everyone and your home is all about making you happy. Say hello to homes+ - a magazine that delivers accessible, practical and easy ideas that we hope will brighten your month. - The **homes+** team.













EASY FOOD

MEAL PLANNER

Feeling frazzled at the end of a busy day doesn't help when you're thinking about what you're going to cook for dinner. That's where we come in. We've taken the headache out of mealtimes with our monthly meal planner. Broken down into weeks, the planner will do all the work for you. Your family will thank you for

86 APPLE TART

it, we promise.

A step-by-step guide to making a delicious apple tart. Perfect for afternoon tea with friends or as a special dessert for the family, this simple treat will be sure to satisfy any sweet tooth.



& AFTER RENOS

H. M.

89 ZONING RENO

Barry Du Bois helps Bhakti and Manan zone out their open-plan home in Sydney and turn it into a stylish space that reflects the couple's Indian heritage.

94 THE \$1000 LIVING ROOM MAKEOVER

Sarà Lanesman didn't know what to do with her monochromatic living room that lacked in personality. That's where **Super Stylist** Jackie came to the rescue

to give the space the injection of colour it needed with \$1000 worth of product that Sarà could keep.

122 EXTERIOR MAKEOVER

Renovation guru Cherie Barber shows you how to give your front yard a makeover in order to increase your home's street appeal - and for only around \$5000.

BACKYARD

101 BACKYARD TRANSFORMATION

A dated backyard has been made into a kid-friendly oasis that is bursting with colour, making it fun for all members of the family.

105 GARDENDIY

Make your own **terrarium** using an old jar or bowl. They're super easy to create and add a touch of greenery to any space.

106 GREEN SCREENS

Our gardening expert Dale Vine shares his tips on how to create your own private oasis with well-chosen screening plants, and how to care for them.

108 GARDEN & VEGIE PATCH PLANNER

Dale Vine discusses garden necessities for the approach of the cool autumn months.

SUBSCRIBE

Subscribe to homes+.

112 TRAVEL

Our picks for the best holiday rental properties around Australia.

4 HEALTH

Tips for a healthy life in your 30s, 40s, 50s and 60s.

6 DECORTIPS

James Treble shares his tips for a functional bathroom.

120 THE BLOCK

Check out the living room challenge from TVs The Block.

125 PET ADVICE

Dr Lisa Chimes answers your pet problems.

126 SCOTTY'S DIY

Scotty Cam makes a timber blackboard.

128 COMPETITIONS

Win some amazing prizes.

29 STOCKISTS

Where to buy what you love from this issue.





READER HOMES





HANGING AROUND

"I chose the **Noble pendants** from **Freedom** for above the dining table – they match the black iron sideboard that's in the same space." AMY O'MARA - SEE PAGE 38





BEACHY SEATS

"Our Replica Eames 'DSW' dining chairs are from **Sokol**. We chose the white and blue colours as they represent a beachy look." MAREE NICOLACI - SEE PAGE 46





PRETTY & FUNCTIONAL

"All our beds are swathed with white **Bryne mosquito nets** from **Ikea** – a must to keep the creepy crawlies out, but they look lovely, too."

LISA DYCE - SEE PAGE 54





ON THE TABLE

"We have two Lack side tables from Ikea with baskets underneath hiding Hudson's toys. We made another into an activity table for him." **CARMEL MEMBERY - SEE PAGE 62**

READERS AND EXPERTS

HIS ISSUE

homes+ readers and the experts reveal their favourite products

THE EXPERTS







JAMES TREBLE



POUR-ON RESIN is a great costeffective alternative for when your budget doesn't allow for the installation of a concrete driveway. I've used this product in several of my low-budget cosmetic renovations. It's super easy to DIY, saving you both time and money. **CHERIE BARBER**

TOILET TRAINING PUPPIES IS MADE **EASY WITH THE ABSORBENT AND** LEAKPROOF PETLIFE HOUSE-TRAINING MATS. THEY CONTAIN A NATURAL PUPPY ATTRACTANT T **HELP YOUR PUPPY FIND THE SPOT** THEY ARE ALSO MADE WITH AN HOME SMELLING FRESH AT ALL TIMES DR LISA CHIMES







EVERYONE SHOULD HAVE a DeWalt 18V li-ion cordless

jigsaw in their workshop. I use the jigsaw for all of my DIY projects. It'll be on sale from March 4 to March 15, for \$239. Grab yours from Shop.mitre10.com.au

SCOTTY CAM



LOOK FRESH.



DOWNLOAD

......

the free **viewa** app from the App Store or Google Play. the entire page whenever you see the **viewa** logo.

...........

ENJOY

............

extra content on your smartphone or tablet, anywhere you are!



In this issue

TRANSFORM PAINT TINS

See how to turn paint tins into 5 cool and stylish pieces **p15**

STEP-BY-STEP PROJECTS

Watch a how-to video of all the fun and practical DIY projects **p21**

SHOP THE PAGE NOW!

Buy a bunch of items off the page from p31

MORE FROM THE HOMES

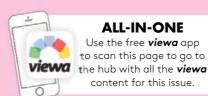
See more of Amy's modern adobe **p44**Let Maree show you her coastal haven **p48**See extra pics of Lisa's country retreat **p57**See more of Carmel's classic home **p70**

DIY WITH SCOTTY CAM

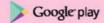
Watch a video of Scotty making his functional timber blackboard **p126**

ENTER FOR PRIZES

Loads of amazing prizes up for grabs – enter now to win! **p128**







iPhone is a trademark of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc. viewa is available on Android devices, versions 2.2-24.2



The right roof makes a world of difference STYLISH • DURABLE • INTEGRATED DESIGN



"We looked at solar panels, but really didn't like the aesthetic of them. The beauty of Monier SOLARtiles is that they fully integrate with the roof line of the house, look like roof tiles and will deliver high performance, clean, green energy into the future."

Choose Roof Tiles at monierdifference.com.au Or call 1800 666 437

CSR

SUBSCRIBE & SAVE



SUBSCRIBE FOR ONLY \$49.95

- * RECEIVE 12 issues of homes+
- * FREE GIFT 5-in-1 infusion pitcher set, valued at \$39.95
 - * SAVE 15% off the annual retail price
 - * FREE DELIVERY to your doorstep

HURRY! OFFER ENDS MARCH 22, 2015

SUBSCRIBE NOW

Terms & Conditions: *Savings based on cover price of \$4.95 per issue. This offer is valid from 23/02/2015 to 22/03/2015 to Australian residents only. For the Bauer Media Privacy Notice, please see the Stockists page in this issue. For full Terms & Conditions, visit magshop.com.au/hpl/m1503hpl. One gift per subscription, while stocks last.

PLUS receive a free gif



SUBSCRIBE THIS MONTH

and receive this 5-in-1 infusion pitcher set. A must-have for the kitchen, the set includes a pitcher, fruit infuser, brewing filter, ice chiller, juicer and storage canister.

Brew it, flavour it or chill it in this multipurpose pitcher. Whether you're making coffee or tea, infusing fresh fruit flavours into water, infusing mint or lavender into lemonade, or chilling mojitos for entertaining, this is an eco-friendly alternative to infused bottled beverages.

EACH SET INCLUDES

- Pitcher
- Brewing filter
- Fruit infuser
- luicer
- Ice chiller
- Canister lid

THIS MULTI-PURPOSE PITCHER HAS 5 DIFFERENT FUNCTIONS & USES













JUICER

STORAGE CANISTER

magshop.com.au/hpl/m1503hpl



136 116 and quote M1503HPL

SPOTUCETT











PRACTICAL

(AFFORDABLE, EASY, DOABLE)



THIS MONTH TRANSFORM OLD PAINT TINS & DO OUR EASY DIY PROJECTS

DIY IDEAS take one PAINT TIN

Have fun turning **empty paint tins** into good-looking, practical pieces for the home. Note: project prices include the cost of purchasing tins.



STEP ONE Paint the plank and let dry. We used about 250ml of a whitewash paint. You could use a sample pot or leftover paint from another project. STEP TWO Position the tins, upright with lids on, side by side about a metre apart. Position the plank over the tins. Measure 20cm in from the short edge of the plank at one end and line the edge of the tin up against this position (as shown in main picture), making sure the tin is centred under the plank. Repeat at the other end.

STEP THREE At one end, measure 35cm in from the short edge of the

YOU WILL NEED 285MM X 19MM X 1.8M PINE WOOD PLANK; PAINT; PAINTBRUSH; 2 X 20L PAINT TINS WITH LIDS; MEASURING TAPE; PENCIL; DRILL; NUTS AND BOLTS

plank and at this point, mark the centre of the plank. From here, make marks either side 5cm towards the longer ends. Repeat at the other end. STEP FOUR At each of the 5cm marks, drill a hole through the plank down through the paint tin lid. Make sure you keep the drill vertical - get a friend to hold the plank steady if you need to. Be careful not to move the plank or your holes will be out of alignment. Insert a bolt through each hole. Flip the plank and lids over and screw a nut onto each bolt. Flip the plank right side up and position the lids over the tins.

FOR PROJECT Dressed-pine premium-grade FSC timber (285mm x 19mm x 1.8m), \$28.80, from Bunnings. 20L drums with metal bung, lid and locking ring, \$30 each, from Smash Supplies. Timber painted in Wood Wash paint in Paper, \$47.30 for 1L, from Porter's Paints. IN THE PICTURE Curio "Bunny" chairs in Light Grey, \$225 each, from Clickon Furniture. Kinloch dining table, \$699, from Freedom. ON BENCH Velvet cushions in Mustard and Teal, \$34.95 each, from Freedom. ON TABLE Flannel Heath linen tablecloth in Harbour Mist, \$129, from Utopia Goods. Stockholm carafe, \$9.99, and Stockholm glasses, \$6.99 for 2, from Ikea. Jett dinner plates in Midnight Blue, \$7.95 each, Jett bowls in Jade and Canary, \$5.95 each, and Jett serving bowl in Midnight Blue, \$29.95, from Freedom. Sierra chevron ceramic vase, \$10, from Target. IN VASE Foliage from Poho Flowers. ON WALL Haymes Interior Expressions low sheen acrylic paint in Rainy Day, \$38.95 for IL, and panelling painted in Haymes Interior Expressions low sheen acrylic paint in Atlantis Sky, \$38.95 for lL, from Haymes Paint. Lisa T Rock "XO" print, \$20, and Wall Words in Forever, \$7.50, from Target.









DIFFICULTY RATING CHART > EASY AS 1, 2, 3 >>> A BIT HARDER





>>>> GET A FRIEND TO HELP YOU



SIDE TABLE \$54.19

STEP ONE Paint the MDF panel and tin in colours of your choice. We used Haymes paint in Rainy Day for the MDF, and Dulux spray-paint in Deep Ocean for the tin. Leave to dry. STEP TWO Using measuring tape and pencil, measure diagonally across the piece of MDF and mark the mid point. With a 35cm x 35cm MDF square, the mid point is 24.75cm. At this 24.75cm point, measure 5cm on either side on the diagonal and mark. STEP THREE Place board, centred, on

top of the tin. Use a drill to make holes

at the two marked points on either

YOU WILL NEED MDF PIECE (35CM X 35CM); 1 X 20L PAINT TIN WITH LID; PAINTS; HOT-GLUE GUN

side of the centrepoint on the MDF, and through to the tin lid. STEP FOUR Insert bolts through MDF and lid. Turn both pieces upside down and screw on the nuts to fasten. Turn right side up and fit onto tin. STEP FIVE To decorate, wrap a strip of hessian - or any fabric you like - around the top section of the tin and hot-glue in place. (It looks best under the lower ridge.) Alternatively you could paint a stripe in another colour around the perimeter, paint a flower, words, whatever you like!

FOR PROJECT Custom Wood MDF panel (900mm x 600mm x 6mm), \$6.75, from Bunnings (cut to approx. 35cm x 35cm). 20L drum with metal bung, lid and locking ring, \$30, from Smash Supplies. Premium hessian roll (14m x 5m), \$7.99, from Lincraft (we cut a thin strip out of it). MDF painted in Haymes Interior Expressions low sheen acrylic paint in Rainy Day, \$38.95 for IL, from Haymes Paint. Tin painted in Dulux Metalshield spray-paint in Deep Ocean, \$12.95, from Bunnings. IN THE PICTURE Astrid chair in Dexter Zest, \$399, from Freedom. ON CHAIR Ormhassel throw in Grey, \$29.99, from Ikea. ON TABLE Bloomingville ceramic vase in Mint, \$34, from Designstuff. Fargrik side plate in Green, \$2.49, and Stockholm glass, \$6.99 for 2, from Ikea. IN VASE Green kangaroo paw plant from Poho Flowers. ON WALL Haymes Interior Expressions low sheen acrylic **paint** in Atlantis Sky, \$38.95 for 1L, from Haymes Paint. ON FLOOR Tjareby flatwoven rug in Blue (170cm x 240cm), \$229, from Ikea.















PENDANT LIGHT \$18.53



STEP ONE Turn the paint tin upside down. With a measuring tape and marker, measure and mark where the middle point sits on the base of tin. (With a 4-litre tin, the middle point is 8.75cm.)

STEP TWO Use your drill to make a hole at the marked centrepoint. Make sure the hole is large enough for a mini hacksaw to fit into.

STEP THREE Insert hacksaw into hole and cut four slits that are spaced out evenly from the hole.

STEP FOUR Use pliers to peel back the metal to create a hole that is wide enough for the light bulb attachment to fit into. Feed the light bulb attachment through the hole, hold attachment tightly in place and use pliers to fold the metal back. This will hold the light attachment down.

STEP FIVE Turn tin right side up. Pull attachment cord through to attach the light fitting.

STEP SIX Screw light bulb in place.

STEP SEVEN Decorate tin as you like. We used copper-coloured wrapping paper and added a blue paper strip, finishing it off with a thin ombre ribbon in the centre. You'll need an electrician to safely attach the light into your ceiling.

FOR PROJECT Empty 4L paint tin, \$5, from Smash Supplies. Brilliant D.I.Y. white pendant-light suspension kit, \$6.90, and Brilliant 25W A60 globe, \$4.80, from Bunnings. Paint tin wrapped in Vintermys giftwrap in Copper, \$2.99, from Ikea; Colorline 300GSM A4 coloured eard in Royal Blue, \$1.05, from Eckersley's Art & Craft; Wired ribbon in Light Blue to Navy Blue Ombre, \$13.20 for 9.1 m, from Etsy.

INTHE PICTURE X pen acrylic clear cup, \$8.99, X small acrylic clear desk riser, \$9.99, Quill metallique C6 envelopes in Silver Shadow, \$5.41 for 10, Celco paperclips in Gold, \$7.48 for 600, and assorted stationery, from Officeworks. Hay "Kaleido" small tray in Blue, \$50, from Designstuff. String tidy, \$32, from Heaven In Earth. Round The World large globe, \$49.95, from Typo. ON WALL Haymes Interior Expressions low sheen acrylic paint in Simply Elegant, \$42.95 for 1L, from Haymes Paint.



YOU WILL NEED 4L PAINT TIN; DRILL; MINI HACKSAW; PLIERS; PENDANT-LIGHT SUSPENSION KIT; LIGHT BULB; WRAPPING PAPER/RIBBON, TO DECORATE



















PLANTER POT **\$3.80** FOR SMALL

STEP ONE Turn the paint tin upside down and use a drill to create three small, evenly spaced holes at the bottom of the tin for drainage. STEP TWO Turn paint tin right side up and fill the bottom of the tin with potting mix. Press mix down gently to create room for your plant. STEP THREE Pull the plant carefully out of its original pot and insert into tin. Press plant down slightly and fill the top with remaining soil. STEP FOUR Decorate your paint tin. We chose wrapping papers and assorted fabrics that we secured in place with twine and string. H.

FOR PROJECT Empty paint tins: \$2.80 for 500ml, \$3 for 1L, \$4 for 2L, \$5 for 4L, from Smash Supplies. Paint tins wrapped in Premium hessian roll (14m x 5m), \$7.99, Sandwashed linen in Natural, \$16.99 a m, and Stripemania Nautical fabric in Navy, \$9.99 a m, from Lincraft. Ohio ticking fabric in Black, \$53 a m, from No Chintz. Colorline 300GSM A4 coloured card in Royal Blue & White, \$1.05 each, from Eckersley's Art & Craft. Gold spot cut-outs of Vintermys giftwrap in Copper, \$2.99, from Ikea. Corrugated paper is packing from a parcel. Simplicity twisted cord in Silver, \$3.99 a m, from Spotlight. Whites outdoor jute twine plant tie, \$5.97, from Bunnings.

INTHE PICTURE Handy Storage 4-shelf storage unit (1370mm x 710mm x 310mm), \$39.98, and plants from Bunnings. ON UNIT Spear & Jackson hand cultivator, \$3.98, Spear & Jackson hand trowel, \$3.98, and Home Leisure "Replicotta" square plastic pot, \$3.18, from Bunnings. Small marble pot, \$95, from The Minimalist. Creamore Mill hardwood dibber, \$10, from Heaven In Earth, Haws "Handy Can" watering can in Duck Egg Blue, \$22, from Quality Products Direct. ON WALL Haymes Interior Expressions low sheen acrylic paint in Rainy Day, \$38.95 for IL, from Haymes Paint.

YOU WILL NEED

PAINT TINS; POTTING MIX; DIGGING TROWEL; **READY-TO-POT** PLANTS; FABRIC/ RIBBON/TWINE/ WRAPPING PAPER, TO DECORATE









5 EASY STEP-BY-STEP D PROJECTS

Give your home a whole new look with these **practical and creative** projects. Note: some of the pricings include tools, so if you already have them, the projects will cost less.



STEP ONE Using the measuring tape and marker, measure and mark the copper tube 50cm along, then measure and mark another 50cm along, so that your tube is divided into thirds. STEP TWO Use the tube cutter to cut along one of the marks on the tube and then again on the second mark. You will now have three 50cm tubes. **STEP THREE** Use sandpaper or a deburring tool (some tube cutters have one attached) to smooth the tube edges. STEP FOUR Take a length of string (we used a piece roughly 3m in length) and thread through the ring so that it sits at the centrepoint of the string. Wrap

YOU WILL NEED 1.5-METRE LENGTH OF COPPER TUBE; MEASURING TAPE; PERMANENT MARKER; TUBE CUTTER; SANDPAPER (SUITABLE FOR USE ON SOFT METAL) OR A DEBURRING TOOL; SILVER RING; STRING; SAFETY PIN; HOT-GLUE GUN; SCISSORS

the string around the ring a few times and tie a knot underneath to secure. **STEP FIVE** Take the two pieces of string (hanging from the ring) and feed one piece through one end of a tube until it comes out the other end, then feed the other piece through the opposite end of the tube. You may find it easier to attach safety pins to the ends of the string to create a weight. Pull the string ends out all the way. **STEP SIX** Next feed the two pieces of string through the ends of the second tube in exactly the same way as you did in step 5. Allow roughly 35cm between each tube, vertically.

STEP SEVEN For the third tube, thread one of the pieces of string through one end of the tube and out the other end. Pull the copper tube back along the string a little and tie the two pieces of string together. You will probably need to adjust the string so that it is evenly spaced between each tube before tying that final knot. Slide the copper tube to the centre again and the knot should be hidden.

STEP EIGHT Use a hot-glue gun to hold the string in place at the ends of each tube. Leave to dry, then hang and fill with your fave magazines. It could also be used for hanging scarves, etc.

FOR PROJECT Grunt cotton shop twine (300m), \$9.98, straight length copper tube, \$12 for 1.5m, and Haron tube cutter, \$17.50, from Bunnings. Metal silver ring (50mm), \$1.99 for 2, from Spotlight. IN THE PICTURE Table clock in Grey, \$30, from Target. Bloomingville ceramic vase in Mint, \$34, and Foekje Fleur porcelain vase #5 in Yellow, \$66, from Designstuff. Copper vase, \$50, and kangaroo paw flowers, from Poho Flowers. Nolan glass cloche (28cm), \$44.95, and Winston gem statue in Honeydew, \$10.39, from Freedom. ON RACK Magazines from our office. ON WALL Metal Spirit 2016 wallpaper (53cm x 10m), \$89.95 a roll, from Eurowalls.

DIFFICULTY RATING CHART

> EASY AS 1, 2, 3 >> A BIT HARDER

>>> GET A FRIEND TO HELP YOU

























YOU WILL NEED

30M LENGTH OF THICK COTTON ROPE OR CORD (WE USED 2 X 15M LENGTHS); HOT-GLUE GUN; EXTRA GLUE STICKS

STEP ONE Take one end of the first 15m length of cord and apply a line of glue using the hot glue gun. Begin to coil the rope a little and press firmly to allow the glue to hold this first part of the coil.

STEP TWO Continue coiling the cord around, applying a little glue to the rope approximately every 10-15cm. Make sure you keep the coil taught as you don't want any gaps when you reach the end. Once all rope is coiled, glue the end to the next 15m length of rope (if using two pieces) and continue to coil.

STEP THREE Glue the end piece to the coil. Press down firmly on top of the finished coil to smooth and flatten. Leave to dry.

FOR PROJECT 2 x Grunt sash cords (8mm x l5m), \$17.50 each, and Crescent 60W/230V glue gun kit, \$22.36, from Bunnings. IN THE PICTURE Bensimon spot classic sneakers, \$81, from The Iconic. Flowers, from Poho Flowers. Totes carry bag in Teal, \$29.95, from Freedom. ON WALL Interior Expressions low sheen acrylic paint in Rainy Day, \$38.95 for

YOU WILL NEED

SAW; LENGTH OF TIMBER (WE USED DRESSED PINE); WHITEWASH PAINT; PAINTBRUSH; DRILL; 4.5MM DRILL BIT; MAGNETIC TAPE; SCREWS; MAGNETIC LETTER CLIP (TO HOLD PAPER); ROUND TOOL HOLDER; UTENSIL CUP OR GLASS













O KITCHEN GADGET O HOLDER \$32.50

(ours was 60cm long) and paint the timber with wood-wash paint (or any paint you like) and leave to dry.

STEP TWO Cut two 20cm strips and two 3cm strips (for attaching letter clip) of magnetic tape and put to one side.

STEP THREE Position your nail, letter clip, 20cm strips of magnetic tape and round tool holder on the timber, making sure they are evenly spaced. You can place the items in any order you like.

STEP FOUR Next, fix each item to the

timber. Hammer in the nail, but not all the way; stick two 3cm pieces of magnetic tape onto the timber for the magnetic letter clip to attach to; stick the two 20cm lengths of magnetic tape in place to be used as a knife holder; and screw the round tool holder in place using drill.

STEP FIVE Screw the timber to the wall in desired position. Now hang a bottle opener from the screw, attach letter clip and knives to the magnetic tape and insert utensils cup.

FOR PROJECT Dressed FSC pine timber (285mm x 19mm x 1.8m; we only used half of it), \$28.80, Magic Mounts **magnetic tape** (76.2cm x 1.27cm), \$5.56, and Romak pegboard circular tool holder, \$2.78, from Bunnings. Nail (to hang bottle opener) and screws (to hold tool holder and attach board to wall). Carl MC56 small magnetic letter clip in Blue, \$8.61, from Officeworks. Wood Wash **paint** in Paper, \$47.30 for IL, from Porter's Paints. IN THE PICTURE Anchor bottle opener, \$18, and pastry brush, \$14, from Williams-Sonoma. Andlig 3-piece knife set, \$7.99, and Godis glass, \$9.99 for 6, from Ikea. Normann Copenhagen whisk, \$25, from Designstuff. Sharpie marker, \$2.11, from Officeworks. ON WALL Interior Expressions low sheen acrylic **paint** in Simply Elegant, \$42.95 for IL, from Haymes Paint. Ceramic wall quilt **tiles** in Dark Grey, Blue and White, \$1 each, from Angus & Celeste.

4 BEANBAG 2 2 2

STEP ONE Fold the calico in half so it measures 90cm x 120cm and sew along the longer open edge and one of the short edges with a sewing machine.

STEP TWO Turn the fabric right-side out and fill with beanbag filling.

It needs to be at least two-thirds full.

STEP THREE Pulling the opening of the bag in the opposite direction to the bottom of the bag (the two fabric seams should meet in the middle), pin along the edge, then sew shut.

STEP FOUR Take the throw (this will be the cover) and fold exactly the same way as the calico in step one so it now

measures 90cm x 120cm. Again, sew along the longer open edge and one of the short open edges. Stuff the filled lining into the cover, then fold the remaining open edge in the same way as the calico in "step three".

STEP FIVE Fold pleather strip in half to make a loop. Insert the loop into the open edge of fabric next to one of the corners (this will be a handle). Holding the loop in place, sew along the open edge of fabric, stopping after the loop.

STEP SIX Place Velcro along the rest of the opening and sew in place. Stick the Velcro together to close the beanbag.

YOU WILL NEED THROW (120CM X 180CM); CALICO FABRIC (120CM X 180CM); BEANBAG FILLING; SEWING MACHINE; THREAD; STRIP OF PLEATHER (25CM X 5CM); VELCRO; PINS













FOR PROJECT Henrika throw in Dark Orange, \$34.99, from Ikea. Calico fabric in Natural, \$4.49 a m, and pleather fabric in Bottle, \$19.99 a m, from Lineraft. Velcro hook-and-loop strips in White (20mm x 1.8m), \$18.97, and Esselte safety pins, \$3.86 for 60, from Officeworks. Beanbag beans (100L), \$12, from Kmart. IN THE PICTURE Velvet cushion in Seafoam, \$34.95, from Freedom. Färgrik plate in Green, \$3.99, from Ikea. Bazaar pouf in Platinum, \$299, from West Elm. Bloomingville denim-plaited floor rug, \$169, from Designstuff. ON BEANBAG Ormhassel throw in Grey, \$29.99, from Ikea. ON RUG Alseda banana fibre stool, \$59, from Ikea. ON WALL Interior Expressions low sheen acrylic paint in Simply Elegant, \$42.95 for IL, from Haymes Paint. Metal Spirit 2016 wallpaper (10m x 53cm), \$89.95 a roll, from Eurowalls.



PRACTICAL IDEAS

YOU WILL NEED

GARBAGE BIN (WE USED A 55L SIZE); WHITE SPRAY-PAINT; DRILL; 4.5MM DRILL BIT; 4 X CASTOR WHEELS (40MM); 16 NUTS AND BOLTS (3/16" X 15MM); COTTON FABRIC (APPROX. 125CM X 55CM); SEWING MACHINE; THREAD



STEP ONE Cover the work surface with newspaper, then place your bin on top and apply spray-paint. Allow to dry and spray again, if necessary.

STEP TWO To make the liner, fold the fabric in half and line up all the edges.

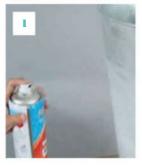
STEP THREE Using a sewing machine, sew along the longer open edge, then one of the short open edges. Turn the liner the right side out.

STEP FOUR Turn the bin upside down and position the castors on the base, making sure they're evenly spaced. Drill through each hole of the castors and insert bolts into the holes. Flip the bin on its side so you can reach inside to screw the nuts onto the bolts.

STEP FIVE Flip the bin again, insert lining and fold over the rim of the bin.

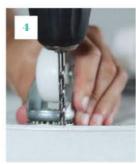
FOR PROJECT QiQ-Tidy bins, \$34 for 55L, and \$40 for 75L, from Bunnings. Ambassador white plastic heavy-duty castors, \$3.93 each, from Bunnings. Fiddly Bits **spray paint** in Gloss White, \$2.95, from Bunnings. Polypop fabric in White, \$3.98 a m, from Lincraft. IN THE PICTURE ON WALL Ekby Lerberg brackets in White, \$5 each, and Ekby Tryggve softwood shelf, \$9.99, from Ikea. Interior Expressions low sheen acrylic paint in Rainy Day, \$38.95 for 1L, and panelling painted in Interior Expressions low sheen acrylic paint in Atlantis Sky, \$38.95 for 1L, from Haymes Paint. ON SHELF Philips steam iron, \$79.95, from The Good Guys. Peg tin, \$7, from Kmart. Garment Groom stain remover & refresher spray, \$12.95, Murchison-Hume. Clothes pegs, \$1.30 for 24, from Bunnings.









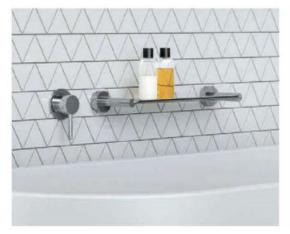












DESIGN. QUALITY. CUSTOMER SERVICE.



Create a statement bathroom with Phoenix Tapware.

Featured Products: V819 CHR Vivid Floor Mounted Outlet V780 CHR Vivid Shower / Wall Mixer VA886 CHR Vivid Metal Shelf V786 CHR Vivid Basin Wall Set





SHOPPING

FAB FINDS TO SUIT YOUR STYLE



THIS MONTH LIVING ROOM, KITCHEN, BATHROOM & BEDROOM







STYLISH TWIST Jayden **vase** in Small, \$29.95, from Domayne.



BRIGHT LIGHT Jasmine **table lamp** in Red, \$25, from Target.





VIVID TEXTURE Lychee **vessel** in Orange, \$29.95, from Freedom.



IN THE PINK L'Avenue "Honeycomb" **cushion** in Fuchsia, \$19.95, from Harvey Norman.





WATERPROOF INNER Potatis **plant pot** in Water



IN GOOD SHAPE Hex-shaped **ginger jar** in Blue (25cm), \$24.95, from Salt&Pepper.





Hyacinth/Black, \$29.99, from Ikea.

TAKE A SEAT Bondi Stripe futon cushion in Red, \$20, from Target.



BACK TO BASICS Ribba **frame** in Medium Brown, \$14.99, from Ikea.

BARGAIN BUYS



WRITE ON IT Delray blackboard **jars** in Small, \$5.95, Medium, \$7.95, and Large, \$9.95, from Domayne.



Checkers rectangle **cushion** in Natural, \$20, from Fantastic Furniture.







READY TO HANG Canvas 3-piece **print set** in Vintage (each canvas is 15cm x 15cm; only 2 shown), \$5, from Officeworks.



ORANGE GLOW Candy Interior Glaze **tealight** in Orange, \$9.95, from Bed Bath N' Table.

FOR THE KIDS Harte LED **work lamp** in Pink/ Silver, \$19.99, from Ikea.



A GREEN THUMB Riskorn **hanging planter** in Green, \$7.99, from Ikea.



MAKES SCENTS The Hall large mason **candle** in Cobalt, \$14.95, from Typo.





OLD-WORLD CHARM Luce Bella "Alice" alabaster **batten fix light**, \$11.90, from Bunnings.

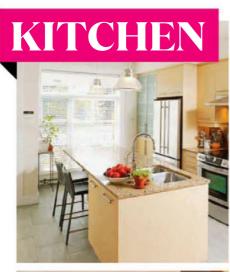


WRAPPED IN WOOL Polarvide **throw** in Red, \$4.99, from Ikea.



Turquoise, \$19.99, from Ikea.

DOUBLE-GLAZED GLASS Hourglass **vase** in Red, \$29.95, from Zanui. >





SOFT SPOTS Aura "Spot" **napkin set** in Vanilla, \$12, from Harvey Norman.



PERFECT PENDANT Foto **pendant lamp** in Beige, \$29.99, from Ikea.







BOLD GRAPHICS Loft oblong dish with "Eat" decal, \$9.95, from Salt&Pepper.

CHIP RESISTANT Pantone **mug** in Yellow, \$22.95, from Zanui.





ONE MORE SIP For Arts Sake "Number 1" **mug**, \$3, from Harvey Norman.



INTO THE BLUE Coloured drink carafe in Blue, \$6.95, from Howards Storage World.









VINTAGE FEEL Glass jar vase with handles in Small, \$9.95, Medium, \$12.95, and Large, \$19.95, from Bed Bath N' Table.



DIPPED EFFECT Large chopping board, \$29.95, from Typo.





ALL WOVEN UP Buco small open-storage \mathbf{bag} in Natural, \$19.95, from Freedom.



OFF THE HOOK Bath **hooks** in White, \$19.95, from Bed Bath N' Table.





HANG IT UP Suction $mirror \times 5$ magnification, \$19.95, from Howards Storage World.



STYLISH SOAP Interbath "Rio" **soap dispenser** in Charcoal/Chrome, \$18.90, from Masters Home Improvement.



MORE? Use the free viewa app to scan this page to buy products for











in Bamboo, \$29.99, from Ikea.



Byholma basket in Grey, \$9.99, from Ikea. >

DRAW THE CURTAIN

Bath By Ladelle polyester

shower curtain in Blue,

\$19.99, from Spotlight.





FADED LOOK Vintage Wash **frame**, \$15, from Target.



TIME TO SIZE UP Pop super-sized giant **clock** in Black, \$21, from Target.





RED HOT Bright Light **table lamp** in Red, \$15, from Fantastic Furniture.









HOLD MY CANDLE Emporium "Niall" **lantern**, \$29.95, from Amalfi.





BARGAIN BUYS



METAL PIECE Soda **table lamp** in Silver, \$29.95, from Beacon Lighting.



DOUBLE SIDED Zumo "Swrat" **eushion** in Charcoal, \$25, from Masters Home Improvement.



A GREY AREA Vivan **curtains** in Grey, \$12.99, from Ikea.





SOLID AS A ROCK Concrete **pot** in Natural, \$29, from Zakkia.



ON THE SHELF Ekby Viktor/Ekby Mans **wall shelf** in Red, \$24.99, from Ikea.



PASTEL CHIC Lace light **table lamp** in Blue, \$29.95, from Beacon Lighting.



HANGING FEATURE Emporium hanging rock **candle holder**, \$19.95, from Amalfi.



FROM THE SEA Emporium "lle D'aix" **photo frame**, 14.95, from Amalfi.





AUSTRALIAN MADE **Milk bottles**, \$19.95 each, from Domayne.





TOUCH OF GREEN Cement **pot plant**, \$14.95, from Typo. **H•**

EYOUR SHOP OUR NEW SPECIALLY CURATED RUG COLLECTION UP TO 60% OFF





Join today to shop online & save

WWW.TEMPLEANDWEBSTER.COM.AU/HOMESPLUS

Join to receive a \$15 shopping credit

*Credit applies to min spend \$150. Full terms and conditions at www.templeandwebster.com.au/terms

TEMPLE & WEBSTER

beautiful items for the home, beautifully priced

READERS'

HOMES

REAL PEOPLE, REAL STYLE







PHOTOGRAPHY, JAMES HENRY (CLASSIC & BEACHY); MAREE HOMER (CONTEMPORARY); SIMON KENNY (COUNTRY)



THIS MONTH CLASSIC, BEACHY, CONTEMPORARY AND COUNTRY









MEET



About me My name is Amy O'Mara and I live with my husband Pete, our two children - Axel who's two. and Priscilla, six months - and our 14-year-old Jack Russell terrier, Peanut. Top tips Don't be afraid of colour! Sign up to the email newsletters of homewares stores you like so you can receive discounts and details for all of their sales etc. and always shop around - Google is my best friend for finding bargains. Best buy The second-hand bedside tables in the main bedroom which I bought on eBay for \$150. They're painted aqua to match my cushions - I just love them!

A GROWING FAMILY'S NEEDS were at the top of the list when Amy O'Mara and her partner Peter Price decided to leave their small townhouse on a busy street in search for a new home in Sydney's Northern Beaches. What they've ended up with is a virtually brand-new home with plenty of room inside and a level garden and entertaining area out back.

It's been less than two years since the couple purchased their home, which was only 18 months old when they moved in. In that time, they have knocked out one internal wall to create a large, open-plan living space that has increased the level of natural light, given

all of the walls another lick of paint and extended the back deck to fit in a barbecue, pizza oven and a spa. Amy finished off the garden with tropical plants. "We have neighbours very close," Amy tells, "We planted mature bamboo and it has thickened up beautifully to give us the privacy we were after."

INDUSTRIAL GLAM

With two young children to look after, most of Amy's styling and bargain hunting is done online first. "We usually head to the local super centres," Amy says. If I see a bargain or something I can work with, I grab it and style around it once I get home.")





deck. There's an outdoor lounge that >



CHARCOAL

Haymes Interior Expressions in **Inner Depth**, \$69.95 for 4L.

WHITE

Dulux Wash & Wear low-sheen paint in **Whisper White**, \$74.95 for 4L.

TEAL

Dulux Wash & Wear in semi-gloss paint **Peppermint Fresh**, \$89.45 for 4L.







MAKE YOUR OWN BIRDCAGE ART

You will need Drop sheet; ventilation mask; 3x birdcages of different sizes (Amy found hers online); 3x cans of neon spray-paint in different colours; 3x lengths of 1.6mm plastic, brass or zinc chain (short, medium and long); 3x hollow wall anchors; 3x screw hooks

STEP ONE Spread drop sheet out in a well-ventilated area. Ensure birdcages are clean. Wear ventilation mask and spray-paint cages, one at a time, in different colours according to directions on can. Leave cages to dry.

STEP TWO Meanwhile, fix hollow wall anchors into ceiling where you would like cages to hang, then insert screw hooks.

STEP THREE Once dry, carefully open the hoop at the top of each cage using pliers and attach a chain to each cage.

STEP FOUR To install, hang a cage from each hook. Hook a link a short length down each chain to another hook until you get the desired height for each cage.





Bargain hunter

The orange Nara quilt cover set in the guestroom was a \$10 Kmart find.



On display

An ampersand light from Oz Design Furniture is mounted on the wall.



gets used whenever the sun is shining, and entertaining happens year round, thanks to the installation of heater bars and a fan. On weekends when friends come to visit, the adults sit back and watch the children play in the garden or on the deck while the barbecue and pizza oven get a workout.

STREET WISE

There are plenty of advantages to having their home set back on a battle-axe block: street noise is minimal, there's more privacy and it's safer for the kids. However, the benefits of the location go beyond their block. "We are so fortunate to have a fabulous bunch of close neighbours. Children in the surrounding houses play together and have lots of fun," Amy tells. Not surprising then, that if you ask Amy if there is anything she would change about the home, her answer is definitive: "I love it just the way it is!" ** Want to see more reader homes?

Visit homesplusmag.com.au

"I don't have a mood board - I just go with whatever my instinct tells me."







BEACHY HOME MAREE NICOLACI

FAMILY ACT

Adding the finishing touches to a modern renovation has turned this family's house into a **dream home**.





MEET



About me My name's Maree Nicolaci and I live with my husband John Cannizzaro, our 13-year-old son Jude, Shih-poo Bocelli, cats Penelope and Felicity and a Siamese fighting fish named Gills.

Top tip Remember that ambient lighting is important. When decorating, start off with a neutral palette, then add colour using scatter cushions and throws.

Best buy My Jasper modular couch from King Furniture is so comfortable and can transform into two beds. It seats the whole family and it's cosy all year round. Best buy ever!

WHEN MAREE NICOLACI and her husband John Cannizzaro bought their 1920s Californian bungalow in Northcote, Vic, in 2007, there wasn't much they didn't like about it. They adored the location and loved the original facade, the high ceilings and the recent modern renovation inside. The property was ready to move into, and that's just what they did.

One thing the couple changed to make the house their own was to turn the previously unused roof space into

an art studio. The job took four months to complete and involved restructuring the space using reclaimed timber, installing LED downlights, roof windows and inset shelves and plastering and painting. Over the years, they've also added plants and potted herbs to the gardens and created a paved area in their backyard.

TROPICAL VIBE

The casual, open and airy atmosphere of the home is not a coincidence.



"The island bench is the focal point in our kitchen. I love this space."



"I like bringing relaxing elements of the beach into my home. "I want to create a simple relaxed vibe, with interesting pieces and lots of family holiday photos. We travel to tropical destinations often," Maree says. "I'm always incorporating my holiday inspirations into my decorating style." The Too Palmy wallpaper from Kawaiian Lion in the bedroom is a case in point, along with the pineapple motifs, woven decor, hits of turquoise and yellow, and the bright cushions, which Maree changes often. Maree's own art also features in most rooms.

"Original works enhance my home's personality and add visual interest," Maree says. Indoor plants also make an appearance, and add to the beachy, fresh look. "They purify air, improve health and reduce fatigue and stress while brightening up a bare space," Maree says. "I love bringing the outdoors inside. My son Jude tells me that our home is becoming a jungle!"

HAPPY FAMILIES

The open-plan nature of the couple's home complements their casual, creative lifestyle and activity-filled.



step-by-step make it!

MAKE A WALLPAPER ARTWORK

You will need Masking tape; tape measure; pencil; wallpaper; utility knife; metal ruler; cutting board; wallpaper paste; wallpaper application kit.

STEP ONE Apply masking tape to the wall in the shape and position you want the artwork to be. Measure and take note of the inside perimeter of the shape.

STEP TWO Mark measurements on the back of the wallpaper and cut out neatly with a utility knife and a metal ruler.

STEP THREE Apply wallpaper paste to the back of the wallpaper shape using the tools in the wallpaper application kit.

STEP FOUR Carefully apply wallpaper shape to the wall, smoothing out as you go, inside the masking shape outline.

When wallpaper is in place, remove tape.









FRUITY NUMBER Polyresin **pineapple** in Aqua, \$69.95, from One French Summer.

FEELING BLUE

Replica Eames DSW

chair in Ocean Blue,

\$69, from Sokol.

MAREE'S BEST BUYS

> COLOUR COMBO Ikea PS 2014 **cushion cover** in Pink and Yellow, \$14, from Ikea.

ON THE ROPES Large rope **basket** in Grey, \$19.95, from Typo.

> EASY CHAIR Ikea PS Vågö **chair** in Yellow, \$39.99, from Ikea.

Bathroom styling

Potted plants around the tub add colour, while a Typo triangle box is a quirky touch.



Natural neutral A simple mix of white and beige keeps things calm and modern in the bathroom.



YELLOW

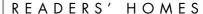
Taubmans Endure semi-gloss paint in **Hi-C Yellow**, \$99.80 for 4L.

BLUE

Murobond Pure low-sheen paint in **Turquoise**, \$89 for 4L.

TAUPE

Haymes Interior Expressions in **Slate Beige**, \$69.95 for 4L.









"It's easy to lose sight of the things that really matter. That's why we love entertaining and creating a relaxed vibe in our home."

weekends. Entertaining happens often - sometimes in the combined living, kitchen and dining space, where Maree can keep up her hosting duties and be a part of all the action, and also in the backyard, which flows out from the main living area once the doors and windows are open. The main drawcard for Maree, however, is her art studio. "It's where I get to be creative, splash paint, get inspired, be messy, sing out loud and totally unwind," she says. They also have a multipurpose study and DJ room where John can play and record music. It's not only fun and games for the adults though; Jude and his friends utilise the retreat upstairs most weekends. "It's perfect for teenagers to hang out," Maree says.

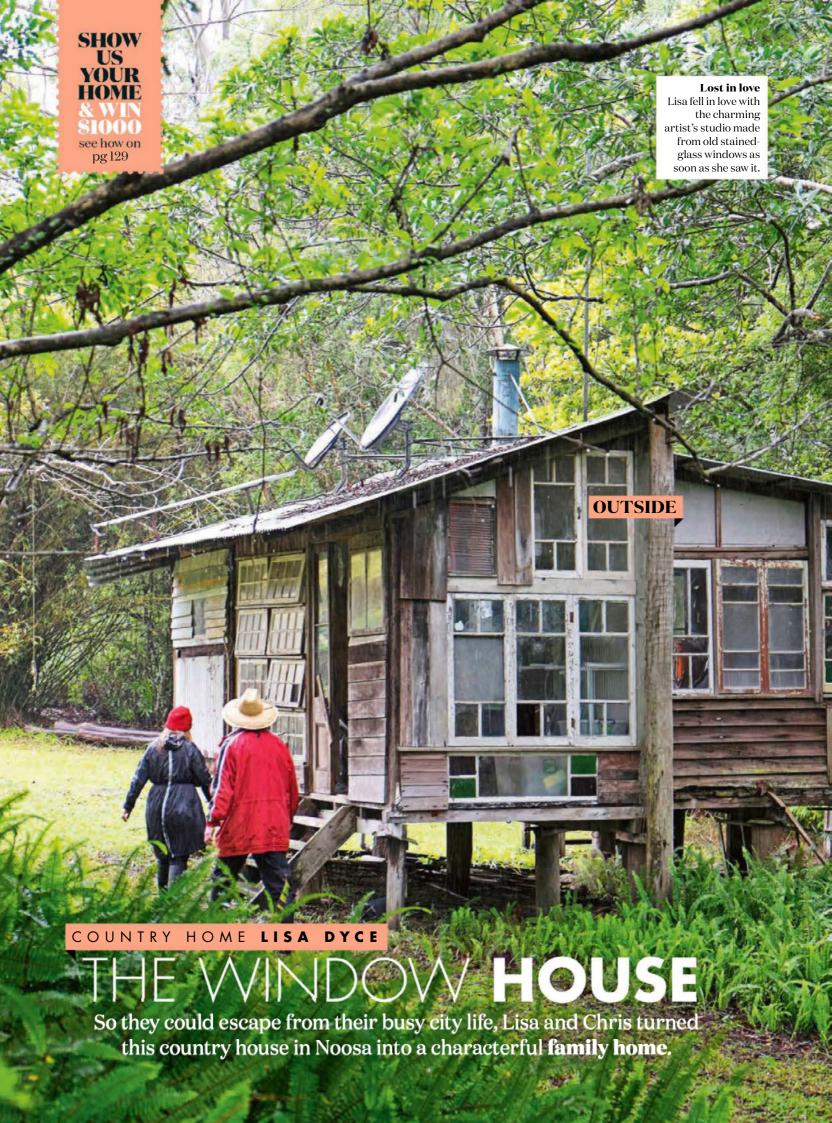
PERFECTING IT

The couple have a few more things to tick off their wish list for the property. "I'm looking forward to adding a built-in robe to the main bedroom and a rooftop terrace. I also can't wait to add a swimming pool and some lush tropical plants," Maree says. It seems as though they enjoy the location of their home and are set on staying put and making it their perfect family pad.

"Northcote is such a diverse suburb. It oozes creativity – lots of artists and musicians live in the area," Maree tells. "It's so vibrant and friendly and it's got something for everyone. We just love it here." •••

* Want to see more reader homes? Visit homesplusmag.com.au







MEET



About me My name is Lisa Dyce and I'm a broadcast media executive. I live here with my husband Chris, two sons Jack, 22, Harry, 20, and our Border Collie/ Kelpie Kip, who is 13. Top tip If you move

interstate, be ruthless when transporting possessions only bring things you really love. You don't want to surround yourself with too much clutter!

Best buy The old French laundry basket, which we use to hold our gumboots by the front door.

milking shed. Set on 20 acres, the property had once been a bean farm.

IT WAS TEN YEARS AGO, while on a surfing and camping holiday in Queensland, that the Dyce family fell in love with the hinterland area of Noosa Heads. "We had been camping on Fraser Island with our two boys Jack and Harry, who were 12 and 10 at the time. One day we decided to take a drive inland to Tewantin. We were instantly drawn to the area - it just felt so different from our hectic, crazy Sydney life," Lisa says.

That feeling stayed with the couple until the following year, when they returned and bought a small property complete with an old Queenslander home, artist's studio, stables and

GETAWAY HOME

Since buying the farm, friends and family have been constant visitors. Chris and Lisa love that the boys, now aged 22 and 20, will often arrive with a bunch of their friends, who are all happy to pitch in and help with jobs such as gardening and labouring. Extra beds are made up on the wraparound balcony, which is swathed with white mosquito nets. Everyone who stays seems to enjoy the sound of frogs lulling them to sleep rather than the city traffic. As for entertaining, a back >







"We painted the pressed-metal ceiling a gloss white to reflect the green of the old glass panes in the casement windows."





SEE MORE PHOTOS
Use the free viewa app to scan this page to see more photos of Lisa's charming country home in Noosa Heads.

verandah, which houses the barbecue, was built by Chris and the boys and is the place to hang out all year round.

ADDED TOUCHES

The walls were painted matte white and the floorboards stained a dark-chocolate colour – a perfect blank canvas for the family's eclectic collection of furniture and accessories. Basics such as Ikea bookcases are a mainstay for storage, which is limited due to the open-plan design. The master bedroom opens onto the front verandah and the laundry is located underneath the house. The L-shaped

kitchen was given a facelift with new appliances, and white open shelving was added to display jars and pantry items. The family's collection is regularly supplemented with pieces bought locally from the plethora of craftsmen and women who live in this creative pocket of Australia.

The biggest and most challenging project was the construction of a suspension bridge to ensure access over the creek during times of heavy tropical rain. "We really wanted something that was aesthetically pleasing and blended with the existing environment."





MAKE YOUR OWN VINTAGE BOX

You will need Storage box/old jewellery box; black paint; off-white paint; Jo Sonja's decor crackle craft paint; letter stencils; small sponge.

STEP ONE Paint the box with black paint or any colour of your choice. Leave to dry. This will be the base colour that will peek through the cracks when finished, so make sure the two colours you choose contrast with each other for the best results.

STEP TWO Paint box with distressed crackle paint. Make sure to apply a medium-thick coat. Leave to dry completely.

STEP THREE Paint over crackle layer using white paint. It's best to dab paint using a sponge for more of a distressed look. Leave to dry. Small crackles should start appearing within half an hour.

STEP FOUR Place letter stencils in position on the box and paint over it using black paint. Stencil on any letters or word of your choice on each side. Leave to dry. STEP FIVE To finish it off, paint the edges of the box using the same black paint.

"We have lots of family pieces that have been handed down to us, such as a '60s retro lino-topped kitchen table."







GREEN

Haymes Interior Expressions in **Bright Emerald**, \$76.95 for 4L.

WHITE

Dulux Wash & Wear in **China White**, \$74.95 for 4L.

BEIGE

Murobond Murowash paint in **Twine**, \$93 for 4L.





"I like to make sure that there are lots of cosy spots to curl up in with a book."

FINISHING IT OFF

The family are excited about future projects, which include gradually restoring the artist's studio, milking shed and stables, as well as adding plantings to the existing orchard of macadamia, quince and cumquat trees. "Nobody seems to mind pitching in and helping, just as long as there's still time for a surf and a cold bevvy on the balcony at the end of the day." No

* Want to see more reader homes? Visit homesplusmag.com.au







WHEN CARMEL MEMBERY and her husband Lance bought their historic home in Melbourne's inner-northern suburb of Coburg, they dubbed it Membery Manor. Although the Victorian double-storey terrace is far from being a mansion, it's clear it has all of the associated heritage charm and character that gives it a timeless and classic appeal.

The previous owner had lovingly maintained the property; there was a new roof, working fireplaces and the original fixtures and claw-foot tub remained in good condition, along with the beautiful Baltic pine floors. One hitch was the colour scheme.

"The place had been painted in a mixture of different heritage colours throughout – lots of maroon and green," Carmel tells. "One room was the colour of a salt and vinegar chip packet! However, we felt the house had great bones to build upon."

STAGING IT

Over the next three years, the couple renovated in stages, starting by painting all of the walls in white semigloss paint and installing modern light fixtures and white timber shutters in every room. The bedrooms also got floor-to-ceiling wardrobes and storage was built in adjacent to the bathroom,

MEET CARMEL



About me My name is Carmel Membery. My husband Lance and I live with our son Hudson, who's 18 months, and our dachshund Ryder while we wait for our baby to arrive. Top tip Don't wait to decorate after your reno is finished - styling is about layering, experimenting and taking cues from your environment. Have fun as you go and you will start to notice you have a style that is all your own. Best buy The Ikea rocking chair in Hudson's room, which I purchased on eBay for \$30, is stylish, practical

and comfortable - and

now we have priceless

memories attached to it.







"Meals are in the dining room away from the TV, and the lounge is cosy and quiet for a movie or reading."



which was totally renovated as part of stage two. "We saved money by selling the existing heritage features and purchasing everything ourselves," Carmel says. "We designed the space and simply found tradesmen to carry out our vision." That vision involved having a false wall, ceiling and floor installed and waterproofing and painting a brick wall in the bathroom.

During the final stage of the reno, the couple had split-system air-conditioning installed and tackled the kitchen. The arrival of their son Hudson altered their grand plans to knock out the back of the property: they simply refitted the existing area with plain white cabinets and a laminate benchtop instead. "This kitchen will

serve our family needs now and anyone who rents the house after us, should we move on," Carmel says.

TIME OUT

"While we were investing most of our money in the renovation, my decorating involved layering beautiful industrial vintage pieces we've inherited or made ourselves," Carmel says. "Now I'm finding myself editing and paring things back to quality pieces." Evidence of Carmel's budget-friendly mix-and-match approach is dotted throughout the home. Ikea "Lack" side tables and Foto pendants share space with hand-me-down pieces from Carmel's grandmother, including a vintage mirror and cast-iron bed, and eBay









HOMESPLUS | MARCH 2015 | 65

R E A D E R S '

HOMES





"When renovating a 125-yearold house you do need to compromise, at times, if you wish to respect its character."

MAKE YOUR OWN ANIMAL HOOKS

You will need Piece of plywood, at least 30cm x 20cm; $pencil\ and\ ruler; jigsaw; sandpaper; 40cm\ length\ of\ timber$ moulding at least 3cm wide; drill; 6 x screws.

STEP ONE Using a template, draw the three animal head shapes that will form your hooks onto the plywood. Our template has a cat, rabbit and fox (see "Online", right).

STEP TWO Carefully cut each animal head shape out with a jigsaw. Use sandpaper to smooth all of the edges.

STEP THREE Place animal heads onto strip and affix with screws to form the eyes of each animal head. Your animal hooks are now ready to mount onto the wall.





BLACK

Dulux Aquanamel high-gloss enamel paint in **Black**, \$68.25 for 2L, Bunnings.

WHITE

Taubmans Endure semi-gloss paint in **Crisp White**, \$61.90 for 4L.

GREY

Taubmans Endure semi-gloss paint in **Hampton Inn**, \$61.90 for 4L.

"Through the bedroom balcony, we listen to the city wake up on summer mornings. We also have uninterrupted city views which are





and market finds such as the rustic dining table and old army chest in the hallway. A stripped-back palette of white walls, black tiles and floorboards has meant that all of these elements work together without making the spaces seem too busy or cluttered.

LIVING IT UP

Although the family typically spend most of their time in the backyard, they also enjoy the different rooms of their not-so-open-plan home. "Meals are in the dining room where conversation can flow away from the TV, the bedrooms are little sanctuaries away from the rest of the living spaces and the lounge is cosy and quiet for a movie or reading," Carmel says. "Entertaining happens in the backyard or over wine in the dining room."

WHAT'S NEXT?

The family home has certainly evolved under the care of Carmel and Lance and they have now turned their attention to the backyard to create an area for Hudson and, eventually, his new sibling to play in. A shade sail, planter boxes and a downsized shed are in the works. "We are very proud of our first-time reno," Carmel says, "and happy with what we've achieved in this home within the budget and time we've had." H+

Want to see more reader homes? Visit homesplusmag.com.au







want more

@homesplusmag homesplusmag.com.au

READ MORE, SEE MORE AND GET INSPIRED!)





Decorating moodboards

See our Pinterest boards for interiors inspiration in country, contemporary, classic and beachy styles and repin to your heart's content!







We love to see readers spreading their homes+ love - remember to tag #homesplusmag!











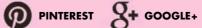














FODD

(QUICK & DELICIOUS MEALS FOR THE MONTH!)



THIS MONTH FOUR WEEKS OF TASTY (AND EASY) MEALS, ALL FOR UNDER \$20 EACH

A MONTH OF MEALS

If you're stuck in a cooking rut, serving the same old dishes on repeat, get ready to be inspired! Follow our easypeasy monthly meal planner to get you whipping up a storm in the kitchen.





15 minutes until water absorbs. Set aside

for 5 minutes, covered. Fluff with a fork.



GREEK-STYLE DRUMSTICKS

SERVES 4 PREP 20 MINUTES (PLUS MARINATING) COOK 35 MINUTES \$3.55 PER SERVE

Juice and zest of 1 lemon 1 tablespoon dried oregano 2 cloves garlic, crushed Salt and pepper **SALAD** 100g (half pack) mixed lettuce leaves

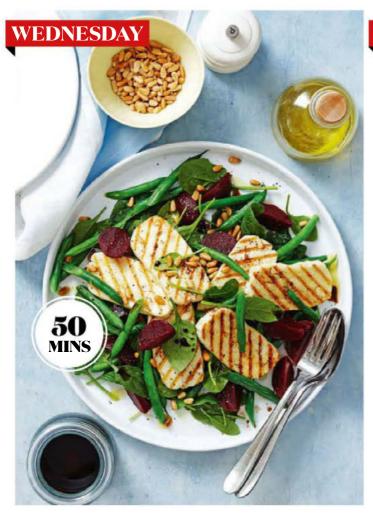
8 chicken drumsticks

1 cucumber, chopped 125g (half punnet) cherry tomatoes, halved 100g fetta, crumbed Extra virgin olive oil and white wine vinegar, to serve

STEP 1 Preheat oven to 180°C (160°C fan forced). STEP 2 In a large bowl, combine chicken drumsticks with lemon zest, juice, oregano and garlic. Toss well to coat. Season to taste. Set aside to marinate for at least 30 minutes. STEP 3 Bake for 30-35 minutes until cooked through when tested (juices will run clear when pierced in the thickest part of the drumstick). STEP 4 SALAD In a serving bowl, combine lettuce with cucumber, tomatoes and fetta. Season to taste and toss well. Serve drizzled

TIP If you marinate the chicken for longer than 30 minutes, do so in the fridge. Score the chicken in a few places to allow flavours to absorb more easily into the meat.

with olive oil and vinegar. Serve with chicken.





GRILLED HALOUMI SALAD

SERVES 4 PREP 15 MINUTES COOK 35 MINUTES \$2.80 PER SERVE

60g baby spinach leaves 450g can baby beetroot, drained, beetroot halved 100g green beans, trimmed, blanched 2 tablespoons olive oil 180g packet haloumi, sliced

2 tablespoons pine nuts, toasted Salt and pepper 2 tablespoons extra-virgin olive oil 1 tablespoon balsamic vinegar Crusty bread, to serve

STEP 1 On a platter, arrange spinach leaves, beetroot and beans. STEP 2 Heat chargrill pan (or frying pan) on high. Brush haloumi and pan with a little oil. Cook haloumi for 1-2 minutes on each side until golden marks show.

STEP 3 Toss haloumi through salad and sprinkle with pine nuts. Season to taste and drizzle with extra-virgin olive oil and balsamic vinegar to serve. Accompany with crusty bread if liked.

TIP Toast pine nuts by tossing in a clean frying pan on medium for 1-2 minutes until golden. Transfer to a plate straightaway to prevent burning. If liked, toss through some cooked prawns or sliced chargrilled lamb.

GRILLED VEGETABLE FLAN

SERVES 4 PREP 20 MINUTES COOK 30 MINUTES \$2.50 PER SERVE

1½ puff pastry sheets 2 eggs, beaten 2 zucchini, thinly sliced lengthways 1 bunch asparagus, trimmed

each, turning halfway through.

¼ cup semi-dried tomatoes. roughly chopped ⅓ cup grated parmesan Salad leaves, to serve

STEP 1 Preheat oven to hot, 200°C (180°C fan forced). **STEP 2** Line the base and sides of a 20cm x 30cm slice pan with pastry sheets, trimming and joining to fit. Prick base all over with a fork. Bake for 8-10 minutes.

STEP 3 Remove from oven and cover with tea towel. Press down with hands to flatten puffed base. Brush with a little beaten egg (see Tip). Bake for a further 4-5 minutes until golden. **STEP 4** Preheat a chargrill pan on high. Lightly spray vegetables with oil. Chargrill in batches, for 1-2 minutes

STEP 5 Arrange vegetables evenly over pastry. Pour over remaining egg, tilting to fill gaps and corners. Sprinkle with parmesan. Bake for 10-12 minutes until egg just sets. Serve in slices with salad.

TIP Brushing par-baked pastry with egg helps to seal the surface, preventing base from going soggy when filling is added.









FETTA-STUFFED CHICKEN & RATATOUILLE BAKE

SERVES 4
PREP 20 MINUTES
COOK 30 MINUTES
\$4.05 PER SERVE

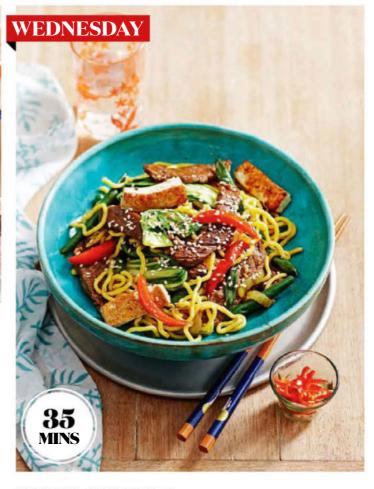
4 large chicken thigh fillets
90g fetta, sliced into 4 chunks
Salt and pepper
2 tablespoons olive oil
2 zucchini, thickly sliced
250g punnet cherry tomatoes
1 lemon, sliced
½ cup white wine
2 garlic cloves, sliced
4 sprigs thyme, plus extra to serve
2 tablespoons pitted kalamata olives
Salad and bread, to serve

STEP 1 Preheat oven to moderate, 180°C (160°C fan forced).

<u>STEP 2</u> Top underside of each thigh with a slice of fetta. Roll up tightly, securing with toothpicks. Season to taste.

STEP 3 In a large ovenproof frying pan, heat oil on high. Brown chicken for 3-4 minutes, turning occasionally. Add zucchini, tomatoes, lemon, wine, garlic and thyme. Bake for 20-25 minutes, until chicken is cooked through.

STEP 4 Sprinkle with olives and extra thyme to serve. Accompany with salad and bread. **TIP** For extra flavour, place a couple of basil leaves underneath each slice of fetta.



BEEF, TOFU & BLACK BEAN STIR-FRY

SERVES 4 PREP 20 MINUTES
COOK 15 MINUTES
\$4.25 PER SERVE

2 tablespoons vegetable oil 300g firm tofu, drained 250g beef rump steak, thinly sliced 1 capsicum, seeded, sliced 100g green beans, trimmed, halved 2 cloves garlic, crushed ½ cup black bean sauce 440g thin egg noodles 1 bunch pak choy, stems sliced and leaves separated Sesame seeds, toasted, to serve (see Tip)

STEP 1 In a wok or large frying pan, heat oil on high. Pat tofu dry with paper towel. Stir-fry for 3-4 minutes, until golden. Transfer to a plate. Keep warm. Stir-fry beef for 1-2 minutes to seal and brown. **STEP 2** Add capsicum, beans and garlic to wok and stir-fry for 1-2 minutes – they need to keep a bit of crunch. Add sauce and bring to simmer.

STEP 3 Return tofu to wok with noodles and pak choy stems. Stir-fry for 1-2 minutes. Toss pak choy leaves through to just wilt. Sprinkle with sesame seeds and serve.

TIP Before you start, toast sesame seeds in dry hot wok for about 30 seconds, swirling often until golden and transfer to a plate. >





GNOCCHI & ASPARAGUS IN BLUE CHEESE SAUCE

SERVES 4 PREP 10 MINUTES COOK 10 MINUTES \$3.80 PER SERVE

500g packet baby gnocchi 1 tablespoon olive oil 2 rashers rindless bacon, finely chopped 1 bunch asparagus, trimmed, cut into 3 cm lengths 14 cup white wine

195g packet mild creamy blue cheese (such as gorgonzola dolce), chopped 2 tablespoons cream Salt and pepper Salad, to serve (see Tip)

STEP 1 Cook gnocchi in a large saucepan of boiling, salted water according to packet instructions. Drain well. STEP 2 Meanwhile, in a large frying pan, heat oil on high. Cook bacon for 3-4 minutes, until very crisp. Set aside. **STEP 3** Using the same pan, gently fry asparagus for 1 minute. Pour in wine and bring to a simmer. Add gnocchi to pan with cheese and cream. Cook for 1-2 minutes, stirring, until smooth. Season to taste

STEP 4 Sprinkle with crispy bacon to serve. Accompany with salad, if liked.

TIP Whisk 2 tablespoons olive oil together with 1 tablespoon each of wholegrain mustard and maple syrup. Toss dressing through a salad of 50g mixed leaves and 1 sliced red apple.

SPICED CHORIZO RICE

SERVES 4 PREP 20 MINUTES COOK 25 MINUTES \$3.45 PER SERVE

1 tablespoon olive oil 1 onion, chopped 1 chorizo sausage, chopped 2 garlic cloves, crushed 1 teaspoon smoked paprika 1½ cup long-grain rice, rinsed, drained 3 cups chicken stock ¾ cup frozen peas, thawed

125g cherry tomatoes, halved Salt and pepper **AVOCADO SALSA** 1 avocado, seeded, peeled, chopped 1 Lebanese cucumber, seeded, chopped 14 red onion, finely chopped 1 tablespoon lime juice

STEP 1 In a large frying pan, heat oil on medium. Gently fry onion, chorizo and garlic for 4-5 minutes, until onion softens and chorizo is slightly crisp. Stir in garlic and paprika, and cook for 1 minute. **STEP 2** Mix in rice to evenly coat grains. Add stock and bring to boil. Reduce heat to low. Simmer, covered with a tightly fitting lid, for 12-15 minutes, until all liquid is absorbed and rice is tender. **STEP 3** AVOCADO SALSA In a bowl, gently combine all ingredients. Season to taste.

STEP 4 Stir peas and tomato through rice. Season to taste. Cook for 1-2 minutes to heat through. Serve with avocado salsa. TIPS If cherry tomatoes are expensive, you can use 1 chopped regular-sized tomato instead. Remove seeds from halved cucumber by scraping with a teaspoon.

MONDAY

SAUSAGE & MOZZARELLA TARTS

SERVES 4 PREP 25 MINUTES COOK 40 MINUTES \$3.10 PER SERVE

2 puff pastry sheets, halved 1 tablespoon oil 1 onion, sliced 1 clove garlic, crushed 1 pear, cored, sliced 8 beef chipolata sausages, cooked (see Tip), sliced ½ cup grated mozzarella 4 sprigs thyme, plus extra to serve 4 eggs Salt and pepper SALAD

2 cups rocket leaves 1 tablespoon oil 1 tablespoon balsamic glaze

STEP 1 Preheat oven to 200°C (180°C fan forced). Lightly grease 4 x 12cm loose-bottomed round flan pans.

STEP 2 Ease each pastry half into a flan pan, trimming and joining to fit. Prick bases with a fork. Place a piece of baking paper in each and fill with baking weights or dried beans.

STEP 3 Blind bake pastry for 8-10 minutes. Remove paper and weights. Bake for a further 2-3 minutes, until pastry is a pale golden colour. Set aside to cool.

<u>STEP 4</u> In a medium frying pan, heat oil on high. Gently fry onion and garlic for 2-3 minutes until onion is tender. Add pear and cook for 1-2 minutes, until just softened. Remove from heat. Allow mixture to cool slightly.

STEP 5 Spoon mixture evenly between cases. Top with an even amount of sausage, cheese and thyme. Place on an oven tray. **STEP 6** In a jug, whisk eggs and season to taste. Pour over filling in cases. Bake for 15-20 minutes, until set and golden.

<u>STEP 7</u> SALAD In a salad bowl, toss all ingredients together and season to taste. Serve with tarts, sprinkled with extra thyme.

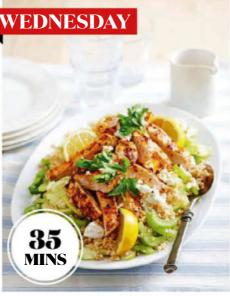
TIP Cook chipolata sausages in a small frying pan on medium,

turning, for 10-12 minutes.

WBBK3









PORK & NOODLE STIR FRY

SERVES 4
PREP 15 MINUTES
COOK 20 MINUTES
\$3.25 PER SERVE

220g packet shelf fresh thin egg noodles
2 tablespoons oil
500g pork schnitzel, sliced (see Tip)
1 red capsicum, seeded, sliced
1 onion, sliced
2 cloves garlic, crushed
1 long red chilli, sliced (optional)
150g snow peas, halved
3 cups Chinese cabbage (wombok),
shredded
½ cup char-siu sauce

2 tablespoons shaoxing wine (Chinese rice wine)
1 tablespoon white vinegar Chopped peanuts, to serve

STEP 1 Place noodles in a large heartproof bowl and cover with just-boiled water. Set aside for 5 minutes, separating noodles following packet instructions. Drain well. **STEP 2** In a wok or large frying pan, heat oil on high. Stir-fry pork in 2 batches, for 1-2 minutes each, until browned. Transfer to a plate.

STEP 3 Add capsicum, onion, garlic and chilli to same wok. Stir-fry for 1-2 minutes. Mix in snow peas and cabbage with char-siu, shaoxing and vinegar. Stir-fry for 2-3 minutes, until bubbling.

STEP 4 Return pork to wok with noodles. Stir-fry for 2-3 minutes, to heat through. Serve in bowls topped with chopped peanuts.

TIP For easier slicing and added tenderness, partially freeze the pork schnitzel and slice across the grain.

CHICKEN WALDORF SALAD

SERVES 4
PREP 20 MINUTES
COOK 15 MINUTES
\$3.25 PER SERVE

2 chicken breast fillets
Juice of ½ a lemon
2 teaspoons Cajun seasoning
1 tablespoon oil
½ cup cracked wheat (burghul)
3 stalks celery, sliced
1 Granny Smith apple, cored, sliced
100g fetta cheese, crumbled
Lemon wedges, to serve
DRESSING
1 lemon (zest of ½, 2 tablespoons juice)
2 tablespoons olive oil
Salt and pepper

STEP 1 Place chicken between two sheets of plastic wrap. Pound with a mallet or rolling pin to flatten to an even thickness. STEP 2 Brush both sides with juice and sprinkle with seasoning. Cover and chill for 10 minutes.

STEP 3 In a large frying pan, heat oil on medium. Cook chicken for 5-6 minutes each side, until cooked through (see Tip). Remove from pan. Cool then slice.

STEP 4 Meanwhile, place cracked wheat in a heat-resistant bowl. Cover with just-boiled water and set aside for 30 minutes to soak. Drain and transfer to a large bowl. **STEP 5** DRESSING In a small jug, combine all ingredients. Season to taste.

STEP 6 Add chicken, celery, apple and fetta to cracked wheat. Season to taste and toss well. Arrange on a platter. Drizzle with dressing and serve with lemon wedges. **TIP** To ensure chicken is cooked through, transfer to a moderate oven (180°C) for 5-10 minutes after pan-frying.

PUMPKIN & BEAN CHILLI

SERVES 4
PREP 15 MINUTES
COOK 10 MINUTES
\$2.20 PER SERVE

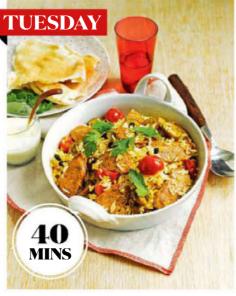
2 tablespoons oil
1 onion, sliced
2 cloves garlic, crushed
1 tablespoon dry curry powder
750g pumpkin, seeded, peeled, cubed
2 cups vegetable stock or water
400g can diced tomatoes
½ cup dried red lentils
1 green capsicum, seeded, chopped
400g can red kidney beans, rinsed, drained
Steamed rice, sour cream and coriander
sprigs, to serve

STEP 1 In a large saucepan, heat oil on medium. Gently fry onion and garlic for 3-4 minutes, until onion is tender. STEP 2 Mix in curry powder and cook, stirring, for 1 minute. Add pumpkin, stock, tomatoes and lentils. Bring to a simmer. Cook, covered, for 25-30 minutes, stirring occasionally, until pumpkin is tender. STEP 3 Stir in capsicum and beans. Simmer, uncovered, for a further 4-5 minutes, to heat through. **STEP 4** Serve on a bed of rice, topped with sour cream and coriander. TIPS Use brown rice or a mixed rice of choice instead of white rice. Use kumara in place of pumpkin, if you like.









SPICY SAUSAGE & EGGPLANT PILAF

SERVES 4
PREP 15 MINUTES
COOK 25 MINUTES
\$3.40 PER SERVE

2 tablespoons olive oil
4 lamb sausages
1 onion, chopped
1 garlic clove, crushed
1 teaspoon curry powder
250g punnet cherry tomatoes, halved
1 finger eggplant, thinly sliced
3 cups long-grain rice, cooked
1 tablespoon currants
Salt and pepper
% cup parsley leaves
Greek yoghurt and flatbread, to serve

STEP 1 Heat oil in a large frying pan on medium. Cook sausages for 10-12 minutes, turning, until well browned and cooked through. Remove from pan. Let cool, then slice to about 1cm thickness.

STEP 2 Gently fry onion and garlic in the same pan for 1-2 minutes, until onion is tender. Add curry powder and cook for 1 minute, stirring, until fragrant. Mix in tomatoes and eggplant and cook for 2-3 minutes.

STEP 3 Return sausages to pan with rice. Cook for 4-5 minutes, stirring, until heated through. Add currants and season to taste. Serve sprinkled with parsley. Accompany with yoghurt and flatbread.

TIP It's best to use cooked rice that's been cooled, to ensure the dish does not become gluggy. If cooking rice from scratch, you will need 1 cup raw.



CREAMY TOMATO & CHILLI MUSSELS

SERVES 4 PREP 10 MINUTES

COOK 12 MINUTES \$3.65 PER SERVE

1 tablespoon olive oil
1 red onion, thinly sliced
2 garlic cloves, thinly sliced
¾ cup white wine
400g can diced tomatoes
1 teaspoon chilli flakes
1kg black mussels, cleaned

½ cup thickened cream ½ cup frozen peas 1 tablespoon chopped parsley, plus extra to serve Crusty bread and lemon cheeks, to serve

<u>STEP 1</u> Heat oil in a large saucepan on medium. Gently fry onion and garlic for 2-3 minutes, until tender.

STEP 2 Add wine and bring to the boil on high. Cook for 2-3 minutes until reduced by half. Add tomatoes and chilli. Bring to a simmer.

STEP 3 Mix mussels into simmering sauce. Cook, covered, for 2-3 minutes, until mussels open.

STEP 4 Stir cream, peas and parsley through. Simmer for 1-2 minutes to heat through. Sprinkle with remaining parsley and serve with bread and lemon.





COMBINATION SHORT SOUP

SERVES 4 PREP 25 MINUTES

COOK 10 MINUTES \$3.65 PER SERVE

2 litres chicken stock
1 teaspoon grated ginger
8 green prawns, peeled,
deveined, tails intact
1 bunch baby bok choy,
quartered
50g baby corn, halved
Soy sauce, sliced green onion,
sliced red chilli, to serve

CHICKEN DUMPLINGS

200g chicken or turkey mince, 4 green onions, finely chopped 1 tablespoon soy sauce 2 garlic cloves, crushed 2 teaspoons ginger, grated 16 wonton wrappers (available from supermarkets)

STEP 1 In a large saucepan, bring stock to the boil with ginger. Reduce heat and keep warm.

STEP 2 CHICKEN DUMPLINGS Meanwhile, in a medium bowl, combine mince, onions, soy, garlic and ginger. Spoon a heaped teaspoon into the centre of each wonton wrapper. Brush edges with a little water and pinch together to seal.

STEP 3 Add dumplings to stock. Simmer gently, covered, for 3-4 minutes, until they float. Add prawns and buk choy and cook for 1 minute until prawns change colour.

STEP 4 Season with soy sauce. Serve soup with onion and chilli on the side so everyone can sprinkle the amount they want. **TIP** Dumplings can also be steamed or deep-fried, then served with a dipping sauce of black vinegar and chilli.

PORK & NOODLE OMELETTE

SERVES 4 PREP 10 MINUTES
COOK 15 MINUTES \$3.55 PER SERVE

440g Singapore noodles
1 tablespoon peanut oil
250g pork mince
1 capsicum, seeded, chopped
2 teaspoons ginger, grated
1 garlic clove, crushed
1 cup bean sprouts, plus extra
to serve

4 green onions, finely sliced % cup coriander, finely chopped 8 eggs 2 tablespoons soy sauce Snow pea sprouts and hoisin sauce, to serve

STEP 1 Preheat grill to high. Soak noodles following packet instructions. Drain well.

STEP 2 Heat oil in a medium non-stick frying pan on high.
Brown mince for 3-4 minutes, breaking it up as it cooks.
STEP 3 Add capsicum, ginger and garlic and stir-fry for
1-2 minutes. Add noodles, bean sprouts, onions and coriander.
Mix well and spread evenly over base of pan.

STEP 4 In a jug, whisk eggs and soy sauce together. Reduce heat to low and pour egg mixture over noodles. Cook for 8-10 minutes, until set underneath and around edges. **STEP 5** Place pan under grill for 3-5 minutes until omelette

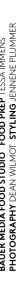
STEP 5 Place pan under grill for 3-5 minutes until omelette is set in the centre. Serve in wedges, topped with snow-pea sprouts and drizzled with hoisin sauce. ••

01117 58.95 **Good Health** the 48-hour DIET cookbook EASY RECIPES FOR YOUR

500 CALORIE

Available at selected newsagents and supermarkets for a limited time only.

Also available online at: www.magshop.com.au/48-hour





375g block puff pastry 50g blanched almonds, finely chopped 4 Fuji or Gala apples 1/3 cup lemon juice, for rubbing apples 30g butter, melted ¼ cup caster sugar Vanilla ice cream, to serve

STEP 1 Preheat oven to 240°C (220°C fan forced). Roll out pastry on a lightly floured surface to 4mm thickness. STEP 2 Using a knife, carefully cut out a 24cm-diameter circle from the pastry - use an upturned bowl as a guide. **STEP 3** Place pastry on an oven tray lined with baking paper. Scatter with chopped almonds and refrigerate until required. STEP 4 Working quickly, peel apples and remove cores. Rub apples with lemon juice to prevent discolouring. **STEP 5** Thinly slice apples using a mandolin slicer. **STEP 6** Arrange slices in closely overlapping concentric rings on pastry, starting from the outside and working towards the centre. **STEP 7** Brush apples evenly with melted butter. **STEP 8** Scatter apples and pastry with sugar and bake for 35-40 minutes, turning tray occasionally until pastry is crisp

and apples are golden and caramelised. Serve with ice-cream. H+





Bring the outside in with PANORAMIC





Doors Plus make it easy with the Panoramic range of bi-folding, stacking and sliding door units.

Control your privacy and save on enegry costs with our bi-folding option by adding venetian blinds encased between double glazing. Panoramic doors are available in a range of sizes and configurations.

Visit doorsplus.com.au or your nearest showroom for details.







When

privacy is

built-in

important,

venetians

available

are also

Ask about our Hideaway Screens

Combine your internal and external living areas with the Doors Plus range of Panoramic door systems. Include a discreet Hideaway Screen and enjoy the open air while keeping out the flies, bugs and mosquitoes.



Open 7 Days



Contact 1800 366 777

New South Wales:- Brookvale 9905 9277, Castle Hill 9659 1881, Casula 9824 0480, Granville 9682 7855, Minchinbury 9625 9799, Punchbowl 9740 6099,

St Peters 9565 1770 Regional: - Coffs Harbour* 6658 0400, Gosford 4324 1771, Newcastle 4969 4799, Port Macquarie* 6581 0500, Wollongong 4229 8266

Australian Capital Territory:- Fyshwick 6228 1750 South Australia:- Sefton Park 8269 1357, St Marys 8276 1777

Victoria:- Campbellfield 9359 4844, Footscray 9317 9335, Mitcham 9873 1711, Springvale 9562 4433 Regional:- Geelong North 5272 2177

Queensland:- Macgregor 3422 2933, Stafford 3856 5100 Regional:- Gold Coast 5571 5100

Western Australia:- Balcatta 9204 2001, Cannington 9258 3522



Doors Plus ... No Fuss

(READERS' EXPERIENCES, TIPS & BUDGETS



THIS MONTH BARRY HELPS A COUPLE ZONE OUT THEIR OPEN-PLAN HOME

LIVING ROOM RENO WITH BARRY DU BOIS

N-PLAN ZONING

Bhakti and Manan wanted their Sydney home to reflect their new Australian lifestyle but also pay tribute to their Indian heritage.



original artworks to add colour to the walls, but their efforts left them unsatisfied. Barry used his expertise to zone out the open-plan home and create a colourful oasis that the

couple would feel comfortable in.





BARRY'S OPEN-PLAN SPACE ZONING TIPS

1 "Begin with understanding the relationship that you and others will have within the room," Baz says. You need to think about where you will want to eat, relax and entertain and zone accordingly. 2 "Always determine the entry points to the individual spaces." Pay attention to how you move around the space - there will be a natural flow into and out of each zone. This will help you decide where to place furniture. 3 "Often there is a natural focal point in a room, a natural vista. If not, you can create a focal point by displaying something, like art."

Follow Barry on Twitter and Instagram @Baz_DuBois

LIVING ZONE

After falling in love with a designer couch in a showroom, Bhakti and Manan needed to have it. It wasn't until the couch arrived at their home that they realised just how cold, empty and unappealing it made the space look and feel. To resolve this issue, Barry, Bhakti and Manan got their DIY on, creating a freestanding half wall and adding a perforated screen to zone the space out. The room was finished off with a new couch and colourful accessories. The result? A stylish and snug retreat.

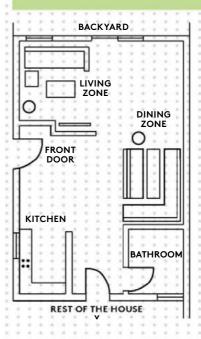
DINING ZONE

Traditional floor-level seating and a new table were made for the dining nook, which looked uninviting and consisted of an old tabletop and cushions. The divider screens were painted a bright yellow to add a bold splash of colour. "The screen design is what we usually see in India – we love it," Manan says. As a finishing touch, Bakhti's artworks were added to the new floating shelf.

MEET BHAKTI



About me My name is Bhakti and I'm an artist. My husband Manan and I recently moved here from India, and now call our new apartment in Sydney home. We need help turning our open-plan living and dining area into a comfortable, cosy and stylish space. The makeover "To make the most of the apartment's natural flow I'm creating three zones: an open entry, a dining space and a cosy lounge room," Barry says. "To define the three zones I'll use a half wall and some perforated screens. This will separate the space but still maintain the open feeling that the couple love."





FINISHING TOUCHES

Some key pieces from Zanui completed the look. "It's like a dream come true. It's exactly what we were after and it looks amazing!" Bhakti explains. The combination of Indian and Western motifs brought the look to life, and the cold space has been turned into a cosy, comfortable home that the couple can't wait to entertain in. **

AFTER

Plant life

A Rogue artificial traveller palm adds a touch of greenery to the colour-focused space.

SCREEN ROOM DIVIDER

GREAT IDEA floor-level dining

You will need 3 Outdeco "Gardenscreen" screening panels in Lantern (1.2m x 60cm); Taubmans 3-in-1 undercoat; Taubmans Endure paint in Gold Begonia; mini roller kit with tray; imitation gold leaf sheets; gold-leaf adhesive; 2 paintbrushes (1 for gluing, 1 for brushing).

<u>STEP ONE</u> Lay screens flat on a table. Apply undercoat to the screens. Once dry, apply two coats of paint.

STEP TWO Attach screens to area of choice. Screens can be hung or used as dividers. When used as dividers, you need to attach the screens to pre-built frames.

STEP THREE Apply imitation gold leaf sheets following packet instructions.

DURING

Golden touch

Inexpensive imitation gold

leaf is easy

and creates

a gleaming finish.

to apply



















MAKE YOUR OWN TABLE

You will need Timber offcuts; drill and 19mm spade drill bit; beech laminated panel (2.2m x 60cm x 27mm); circular saw; Tasmanian oak dowel (19mm x 1.2m), cut into 10 pieces; Aquadhere PVA glue; clamps; hammer; sandpaper; paintbrush; furniture oil.

STEP ONE Make a template to use when drilling holes into the tabletop and base. Do this by drilling 19mm holes into a timber offcut the width of your tabletop.

STEP TWO To make the base, cut two side panels (40cm x 40cm) and one spine (1.6m x 20cm) from the timber panel. Assemble base by placing spine between side panels to form an "H" shape. Glue pieces together. STEP THREE To make the table, cut

remaining timber to the size you want the tabletop to be. Clamp template to the end of your table. Drill holes through table top using spade drill bit. Repeat on other end. STEP FOUR Clamp template to base and

drill holes to align exactly with holes on table top. Apply some glue in the holes.

STEP FIVE Position tabletop on base, making sure you align holes exactly.

STEP SIX Apply more glue in tabletop holes. STEP SEVEN Place dowel into a hole. Sit a block of wood on top of dowel and hammer into place. Repeat with remaining holes. STEP EIGHT Lightly sand tabletop, wipe

clean and then apply a coat of furniture oil.

BUDGET BREAKDOWN

WALLS & SCREENS

Stud wall. **\$60.15** Decorative screens, \$102.83

FURNITURE

Table and TV unit, \$185.50 Built-in seat, **\$108.35** Retro 2.5-seater sofa in Charcoal, \$1529 Polo ottoman in Charcoal, \$369 Elephant decorative stool in Gold, \$478

LIGHTING

Replica Tom Dixon pendants,

\$449,95 for 5

Petra Lantern, \$109.95 for 4 Moorish Etching lantern, \$179.85 Casablanca lantern in Medium. \$194.85

HOMEWARES & ACCESSORIES

Including rugs, art, candles, tableware and soft furnishings, \$4200.85

For more budget makeovers and renovations, visit homesplusmag.com.au



Before TURNOVER TO SEE AFTER

The great divide

The original layout of the furniture made the room feel more enclosed, which resulted in the room feeling smaller.

ELEVEN YEARS AGO Sarà Lanesman, 47, her husband Rob, 53, and two kids Brad, 15, and Mia, 11, moved to their current home in North Ryde, NSW. It was easy to maintain and had a lovely feeling from the moment they walked through the front door. "The house was in a fairly good condition, but it needed some updating," Sarà says. Initially, she was keen to eradicate the multicoloured, mismatched decor and create a more neutral tone but, over time, Sarà felt the living room needed a change. "I enjoyed the monochromatic colour scheme, but having lived with it for the last few years I felt the room needed an injection."

"We were always hesitant to put in a coffee table as we thought it would close in the room." – Sarà



"Although there is now more furniture in the room, it somehow feels more spacious." – Sarà



After

of bright colours. The difficulty, I find, is how to bring colours into a room," Sarà explains. "I don't feel confident choosing furniture that will match and blend with existing pieces." Luckily, Super Stylist Jackie knew just how to bring the room up to date.

"I added colour with cushions that complemented Sarà's large artwork, and grounded the space with a striped rug," Jackie tells. "The coffee table brings a focal point and sense of community and rearranging the couches makes the space more inviting."

So, what does Sarà think? "The whole family loves the new look – the colours, the welcoming feel and, although there is now more furniture in the room, it somehow feels more spacious," Sarà says. "We also love the warm and cosy feeling the lamp gives the lounge in the evening." ••

GREAT IDEA flipped artwork

Open table

A contemporary coffee table from Freedom creates a central focal point – not to mention it's very useful to have!

Wide open
The new layout is more
inviting and draws
attention to the view of
the pool in the backyard.

AGLESS

CLEANING SPECIALIST

Get your home looking squeaky clean with these must-have vacuums.



CORDLESS FREEDOM Electrolux ZB3010 "Ergorapido" rechargeable vacuum, \$359, from Appliances Online. Up to 37 minutes vacuuming time on full charge.



GOES THE DISTANCE S192 Upright vacuum cleaner, \$399, from Miele. A highly manoeuvrable vacuum with an extra-long 9-metre cord.



PERFECT FOR PETS Bissell "Lift Off Pet" upright vacuum, \$247, from The Good Guys. At 7.8kg it's lightweight and very

good at picking up pet hair.



GREEN MACHINE Electrolux Z8805AZ "Precision" upright vacuum cleaner, \$499, from Godfreys. The washable HEPA filtration captures 99.9% of dust and dirt.



HEALTH HELPER Philips "PowerPro" vacuum cleaner, \$199, from Target. This vacuum's filter catches microscopic vermin, which can cause allergies.



AT YOUR CONVENIENCE Kambrook bagless vacuum cleaner, \$119, from Target. CaptivG3 cyclonic technology works to keep the vacuum's filter cleaner for longer.



POWER TO SHINE Vax "Power 6" 2000W barrel vacuum, \$149, from The Good Guys. Its crevice tool allows you to clean nooks and crannies easily.



HEAVY DUTY Piranha bagless vacuum in Ruby, \$95, from Kmart. Has a powerful 2400W motor and a large 3-litre dust-container capacity.



KEEP IT QUIET Bosch "Runn'n Pro Silence" bagless vacuum cleaner, \$499, from Domayne. Its SilenceSound system keeps noise to a minimum.



CYCLONIC TECHNOLOGY Hoover "Challenger 3011" bagless vacuum, \$169, from Godfreys. The Genuine Gulper floor tool makes for great pickup on carpets and hard floors.



ON ALL FOUR WHEELS Karcher 1400W wet & dry vacuum, \$98, from Bunnings. The special cartridge filter makes wet and dry vacuuming possible without changing filters or bags.



SMOOTH MOVEMENT Samsung 2000W bagless vacuum, \$399, from Bing Lee. Features a dust sensor, which signals a red light when a dusty spot is detected.

⋖ മ



HANDY FEATURES
Bissell 3396F 2-in-1 lift-off
stick vacuum cleaner,
\$199, from Godfreys.
Has a removable hand vac and
folds in half for easy storage.



POWERFUL SUCTION
Dyson DC59 cordless handstick
vacuum cleaner in Grey, \$498,
from Masters Home Improvement.
Longer vacuuming time thanks to
a re-engineered battery.



VERSATILE VAC
Bissell "Bolt" 18V stick **vacuum**,
\$229, from The Good Guys.
The vacuum head swivels up to
180°, so you can smoothly move
around furniture.



READY FOR ACTION
Electrolux "Ergorapido" 2-in-l
stick **vacuum** in Watermelon
Red, \$239, from Harvey Norman.
Detach the handheld vacuum for
easy cleaning of stairs.



COMPACT CLEANER
Hoover "Quickpick" backpack
vacuum cleaner in Lime,
\$99, from Godfreys.
Available in three fun colours and
includes easy-to-remove bags.



COMMERCIAL STANDARD Pullman PV14BE backpack vacuum cleaner, \$429, from Godfreys. Can be used with or without a vacuum bag.



ERGONOMICALLY DESIGNED Nilfisk GD5 backpack vacuum cleaner, \$336.27, from Tensens. Has a 15-metre detachable cable with safety release and is built from recycled components.



QUICK & POWERFUL Electrolux "Rapido" 18V hand-held vacuum, \$179, from David Jones. Has two comfortable grip positions and a pull-out nozzle for hard-to-reach areas.



LONG-LIFE BATTERY Hoover 7.2V "Handivac" wet & dry **vacuum** in Red, \$39.98, from Masters Home Improvement. This little gem works a treat both indoors and out.



STRONG & LIGHTWEIGHT Dyson DC58 "Animal" hand-held vacuum cleaner, \$329, from Harvey Norman. Provides three times the suction of any other hand-held vacuum.



EASY TO USE
Vax "Unique Gator Mouth"
hand-held vacuum cleaner,
\$89.95, from Harvey Norman.
Includes a powered brush roll,
perfect for vacuuming pet hairs.





THIS MONTH A COLOURFUL GARDEN, PLANTS FOR SCREENING & VEGIE PLANNER

SHOW US BACKYARD see how on pg 129



MEET REBECCA



Bec Russel, pictured here with Misty the cat, has a homebased business that specialises in colour consulting and coordinating renovation jobs and bathroom design for other busy mums. She loves the fact that this gives her a great balance between home life and work - not to mention a creative outlet.



THE COLOURFUL GARDEN REBECCA & GARY

TY IN PINK

A splash of bright colour and a cool cubby house results in a kid- and adult-friendly oasis.

THIS BACKYARD WAS painted in such sombre greys that it cried out for a dose of fun and some softening. The owners, Rebecca (Bec) and Gary Russell, wanted to inject some colour for their three children. They needed the backyard to be both classical and formal, yet child friendly and magical. Colour had to play a lead role, too, as Bec loves pink and red.

BLAND BEGINNINGS

"The garden was navy and grey previously and the house was dating badly so I wanted to freshen it all up," Bec explains. "The kids are outside all the time so I wanted to create a fun atmosphere for them." Bec was studying colour at the time and wanted to incorporate splashes of it throughout the backyard.

ENCHANTING ADDITION

The Russell family entertain a lot and always have friends and family over. "Barbecues and pool time is massive in our lives," Bec says. The two older children, Madeline, 11, and Blake, nine, always have plenty to do in the pool, but Amelia, four, needed her own safe play zone. The addition of a cubby house, complete with a pink exterior and other pretty additions, sets an enchanting scene. "Milly plays in her cubby every day, taking her dolls and teddies up there for tea parties," which was exactly as Bec intended. "I can see the cubby from the kitchen, too."

COLOUR ME HAPPY

Some of the retaining walls were given a coat of musk-pink paint to turn them into sensuous two-tone curving lines of colour. Pink foliage plants, such as the NZ flax, pink variegated border plant (Alternanthera) and potted flowering petunias, add some living colour.

"The kids are outside all the time so I wanted to create a fun atmosphere for them."

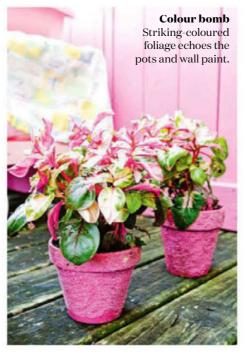












The cubby and terracotta pots were given a coat of pink paint, and Bec's own flowering works of art also add some interest. The beauty of this is that the colour can easily be changed depending on the season and fancy, as each element is relatively changeable.

PERFECT PLANTS

The planting is pared back and simple for maximum impact. Lilly pilly mop top standards mark the entrance to the pool zone, and clipped murraya hedges create privacy and perfume. Japanese box forms a divider for the eating area, and Chinese star jasmine softens some of the masonry and adds a heady scent to late spring evenings. The various shades of green complement the pink tones to great effect.











TEXT ELIZABETH SWANE PHOTOGRAPHY BRENT WILSON STYLING MARIA LAITINEN



A new take on an old style, terrariums are back! Turn a glass fish bowl or a cookie jar into a fabulous living work of art.

Any large glass jar can become a terrarium - and a lid is purely optional as well

BEGIN WITH

- 1 Clear glass or plastic container
- 2 Gravel for drainage
- Quality potting mix Selection of plants
- 5 Mist spray bottle



STEP 1 Using a spoon or a small scoop, fill the base of the container with a 3-5cm layer of small gravel or pebbles for improved soil drainage. Tip: use coloured gravel that works well with the plants' foliage colours. STEP 2 Next, add some goodquality potting mix, just enough to accommodate the roots of your chosen plants - about 3-5cm deep should be about the right depth of potting mix. You can add a little more later to cover the roots. **STEP 3** Reduce the root mass on the plants by teasing out or

groundcovering plants such as dichondra (which we used here), moss or baby's tears. STEP 5 Very lightly mist the container with water from a spray bottle. Don't overdo it, as there are no drainage holes for water in the

cutting off some of the roots with

a clean, sharp knife. New feeder

STEP 4 To get the visual effect

right, plant the taller plants in

the centre, or at the back, then

surround with shorter plants and

roots will grow in the potting mix.

terrarium. Err on the side of less rather than more water. H.

PLANTS Select small, young indoor plants like parlour palms, button or hare's foot ferns, selaginella and syngonium. Shade lovers like ajuga, dichondra (kidney weed), native violets, baby's tears, mini mondo grass and common moss are all perfectly good terrarium choices. WATERING Terrariums make condensation which drips down the inside, so plants need very little additional water. If closed containers get too wet, leave the lid off for several days.

DIFFICULTY RATING CHART

EASY AS 1, 2, 3

A A BIT HARDER

>>> GET A FRIEND TO HELP YOU



plants and a little know-how from garden guru Dale Vine.



// J/ / / II I

Hedge your bet Cupressocyparis leylandii 'Leighton Green' is a great choice for a dense hedge.



"If it's a dark area of your garden, go for bright foliage to reflect light."

in 10 years and can grow to more than 15m. Not for small gardens, unless you have time to keep it at a smaller size.

Lilli pilly (Syzygium smithii)

MAYBE YOU'VE got a nosy neighbour

or the house next door overlooks your

outdoor setting. Whatever the problem,

screening plants may be your solution.

For behind a front fence you may want a low-growing hedge, or a tall-growing privacy screen around a pool. Once

you know what your needs are, selecting

the right species is a whole lot easier.

First you'll need to figure out how high, wide and dense you want your plants.

The lilli pilly is popular due to its summer flowering and glossy green leaves. Its new growth has a pink flush of colour and the plant also produces maroon edible berries. It grows between 3-5m tall, but can be maintained at a shorter height. Be aware that birds also like to eat the berries and their red droppings will stain pavements and decks.

Cupressocyparis leylandii **Leighton Green**

This is a fast-growing conifer, excellent as a screening plant or trimmed into a hedge. It has a very dense forming habit and can reach heights of more than 5m

Photinia 'Red Robin'

Photinias make for a vibrant hedge or screen. Their new foliage varies between fiery red to bronze and becomes the feature of this plant. It's a medium-fast growing plant that reaches 1-3m in height and up to 1.2m wide. If not allowed to grow to its natural width, it can appear twiggy due to its large leaf.

Bamboo

A non-invasive clumping variety is a good option. Bambusa multiplex 'Alphonse Karr' is my pick. Its pinkish shoots become green-striped yellow culms. It also responds well to pruning and reaches between 5-8m.

Viburnum tinus Other commonly used screening plants

Pittosporum tenuifolium 'James Stirling'; Viburnum odoratissimum (fast growing) or Viburnum tinus (slower growing); Buxus 'Box hedge'; Waterhousea floribunda (weeping lilli pilly).

Orange Blossom (Murraya paniculata)

This fast-growing shrub has glossy green foliage with dense growth and white fragrant flowers. Great used as a small hedge or screen, it can grow up to 3m high x 1.2m wide and flowers in spring and summer. It loves sunny positions. For gardens in the south, maybe choose Choisya, a very similar plant that grows better in cool climates. H.

Smells like summer Orange blossom will provide privacy and

fragrant white flowers.

Photinia

Pittosporum tenuifolium

GARDEN PLANNER

WHAT TO DO IN THE GARDEN THIS MONTH

Dale Vine talks garden necessities for the approach of the cold autumn months.

What to plant

Pansies are an old-fashioned favourite that are a close relative to the popular viola. They are a small, compact-growing annual that can be planted now to flower in late autumn to spring. Their flowers also come in a variety of styles, most with black in the centre of the flower but some also have bicoloured. frilly and striped flowers. They add a cheery appearance to any garden bed, pot or hanging basket, and love a position of full sun. However, they will still grow in partial shade but may not flower as well. They are great for a garden that is otherwise lacking in colour.



MARCH

WEEK 1

PREPARING FOR BULBS

March is the perfect time to prepare for the planting of bulbs by **improving** the soil structure of your pots and garden beds. This can be achieved by mixing through old manure, broken-down composts and dynamic lifter. By doing this now, your soil will be packed full of easily absorbed nutrients by the time you sow your spring-flowering bulbs in April.

WEEK 2

In areas that receive heavy summer rains, the amount of water that falls in short periods of time can leach the nutrients and goodness out of the soil. March is a great time to feed your garden using long-lasting, controlled-release plant foods that will continue to feed over many months to come. In cooler regions, a fast-acting fertiliser is better.

WEEK 3

PRUNE

Hedges, topiary and climbers can have a **final trim** in March. Don't trim wisteria until you see where their flower buds are developing. All evergreen varieties can be reshaped and maintained now that they have finished flowering. A rule to pruning is to take off one third of a plant's growth, but it depends on what size and shape you want.

WEEK 4

have stayed a favourite

amongst gardeners.

AERATE LAWN AND RE-SOW

Get out your pitchforks or strap on your spiked aeration sandals because it's time to put some holes in your lawn to aerate it. The holes you create alleviate soil compaction and allow air, water and nutrients into your lawn's root system. Once aerated, feed your lawn with a lawn fertiliser and top with a fine sand or well-draining soft loam.



MARCH

WEEK 1

HARDENING PUMPKINS

March is the time to **harvest ripe pumpkins** and harden them off to store for later. Ripe pumpkins should display a uniform colour over the entire fruit and have hard skin that can't be easily punctured. Harvest the pumpkin leaving a good-length stem and place in a dry, sunny position for 7-14 days. Store hardened pumpkins in a dry, cool place.

WEEK 2

DIVIDING STRAWBERRIES

By now your strawberry plants will have produced some visible horizontal runners from the mother plant. These runners can be kept off the soil surface and guided towards an area where you would like another plant to grow. When it reaches that point, let the runner rest on the soil and it will develop roots and form the beginning of a daughter plant.

WEEK 3 SOW YOUR PEAS

Peas can be sown in March. **Snow**peas and sugar snap are great
varieties to grow as they can be
enjoyed raw or cooked. The novella
variety are good for people with bad
backs as they develop their pods at
the top of the bush, making them
easy to harvest. Make sure you've
got a structure for the plant to
climb, whether it be timber or wire.

WEEK 4

because even the meat eaters will be

loving the delicious vegetarian option!

START A COMPOST HEAP

With deciduous leaves beginning to turn beautiful shades of red, orange and yellow, this should be a reminder to knock up a compost area to **make** use of the falling leaves instead of getting rid of them. Decomposing leaves, mixed in with some pea straw, shredded newspaper, veggie peels and lawn clippings, can make for a great compost heap.







Book one of Turu's extraordinary holiday parks in WA and stand a chance to win a WA Wilderness Camping Experience in Pemberton.

WORTH OVER \$2,500!

Pemberton, Western Australia









In conjunction with

EXPERIENCE EXTRAORDINARY

W/WILDERNESS-

TURU.COM.AU/EXTRAORDINARY





@turuaustralia

PLUS

LOADS MORE

(TRAVEL, HEALTH, ADVICE & DIY)







PHOTOGRAPHY GETTYIMAGES.COM.AU (TRAVEL & HEALTH); CHRIS WARNES (SCOTTY); BAUERSYNDICATION.COM.AU (BATHROOM)



THIS MONTH HOLIDAY HOMES, THE RIGHT EATING HABITS, EXPERTS' ADVICE, DIY BLACKBOARD



FAMILY HOLIDAY

HOME COMFORTS

Rent out a **holiday property** and enjoy a change of scenery without giving up the comforts of home. Whether you're on looking want quality family time of scenery without giving up the comforts of home. The scenery without giving up the comforts of home.

with the EASE of online bookings, holiday property rentals are an increasingly popular, and inexpensive, accommodation option. Whether you're on looking for adventure, want quality family time or just want to relax, here are our picks.

Lorne, Vic

LORNE BEACH STAYS
STUDIO APARTMENTS
PERFECT FOR Young
families looking for a kidcentric beachside vacation.
FEATURES Perfect for
a weekend break, these
studios have a separate
mezzanine-level bedroom
and ensuite. They're also
kitted out with a sofa bed
downstairs for the kids.

TO DO Shops, eateries, the beach, family-friendly park and Lorne Sea Baths (with outdoor trampolines, mini golf and bumper boats) are a short stroll away. Possible day-trip destinations include The Twelve Apostles, Otway Fly Treetop Adventures (to take a walk above the rainforest) and Erskine Falls. From \$110 per night.





Surfers Paradise, Qld

A LUX CIRCLE ON CAVILL PERFECT FOR Couples and families who enjoy a bit of luxury, the buzz of city attractions and the beach. FEATURES This one-bedroom plus study apartment is furnished in a modern style and, being located 27 floors up, has fabulous views of the city and hinterland from its

floor-to-ceiling windows. The Circle On Cavill resort also has a cinema room, barbecue area, three pools, a playground and a gym. **TO DO** Hit Main Beach, eat at local restaurants or go on a shopping spree. Plus, free theme-park shuttle buses stop on your doorstep. From \$150 per night.

Kingston Beach, Tas

RIVERMOUTH APARTMENT
PERFECT FOR Couples and
families who want a comfy
base they can explore from.
FEATURES Modern styling
and amenities include a
sleek designer kitchen and
new bathroom, with water
views from all rooms and a
balcony that runs the length
of this beachside apartment.

TO DO Walk across the road to Kingston Beach, or take a 10-minute drive to Hobart, where you can take the ferry to MONA art museum or visit Salamanca Market. You could also make a trip to Mt Wellington or Bruny Island or go further afield for wine tasting in the Huon Valley. From \$155 per night.



Darwin, NT

VILLAGE@PARAP **APARTMENTS**

PERFECT FOR Families who want to stay somewhere comfortable and convenient. **FEATURES** These recently built apartments are less than 5 minutes from the CBD. All are styled with modern pieces and have air-con, a washer and dryer.

TO DO Go out with a splash at Wave Lagoon or walk to Fannie Bay for a swim. Get up close to the locals at Crocosaurus Cove, stop by the Museum & Art Gallery of the NT or try the Defence of Darwin Experience. Further afield, Berry Springs is a great spot for a day trip. From \$130 per night.



Glenelg, SA



GLENELG SA PERFECT FOR Couples or families looking for a neat retreat by the beach. **FEATURES** This split-level,

two-bedroom apartment is on the fourth floor, away from the hustle and bustle of the street, and has a balcony with a lovely green outlook over Colley Reserve. TO DO Take advantage of direct access to the beach and go for a swim or on a dolphin-watching cruise. The local park, cafes and The Beachouse family entertainment centre are a few minutes' walk, while Adelaide's city centre is a 25-minute tram ride away. From \$140 per night.

COULD YOU RENT OUT YOUR HOME?

Here are some things potential quests will be looking out for...

LOCATION

- + Close to major cities (3-4 hours' drive)
- + Near the water, retail and dining hubs or other local attractions.

FEATURES

+ A pool, games room or a home theatre can set your property apart.

TIMING

+ When can people book, for how long and how often?

SUPPLY & DEMAND

+ Do your research on other properties in the area and keep a close eye on occupancy. This will give an indication of how much you can charge and what's popular in your locale.

We discovered all of these properties, and more, on Stayz: www.stayz.com.au

Dunsborough, WA

BEACH VILLA WHITESANDS PERFECT FOR Couples and families who embrace the outdoors - and mod-cons. **FEATURES** Set in beautifully landscaped grounds, this self-contained property has a two bedroom villa and a self-contained studio with spa, and outdoor dining and entertaining areas.

TO DO On the water, go fishing, whale watching, surfing or dive the HMAS Swan wreck. On land, nearby national parks have plenty of trails and great picnic sites, plus there's fresh produce and crafts at the local markets and world-renowned wineries at Margaret River.





Manly, NSW

IVANHOE APARTMENT PERFECT FOR: Active families who love the outdoors and want to be in the middle of all the action.

FEATURES This kid-friendly apartment has a large living area and two bedrooms – one with a sunroom that looks out onto Manly Oval, right across the street.

TO DO It's an easy walk to Manly Beach, cafes and restaurants. You can also go snorkelling at nearby Cabbage Tree Bay, visit the Manly Aquarium, tackle the 10km Spit Bridge to Manly scenic walk or jump on the ferry for an easy and breezy ride into Circular Quay. From \$200 per night. H.



TAKE CARE

THE RIGHT FOODS FOR YOUR AGE

No matter what challenges you face in your day to day life, it's important to keep track of your **eating habits**.

YOUR BODY AT 30 won't have the same requirements as at 60. Learn to understand your physique's changing needs and keep your focus on what you need to do to effortlessly improve your health and vitality, so that every day is a breeze.

Essentials

While you might be tempted to skip whole food groups if you're following on-trend diets like the paleo diet or a sugar-free regimen, experts warn this may not be beneficial in the long term as a balanced diet is more sustaining. It's vital your diet be high in **B-group vitamins and iron**, which are found in foods like Vegemite and lean red meat.

Danger zone

It can be easy to fall into the habit of eating lots of **processed convenient foods**, soft drinks, too much caffeine or takeaways. An over-emphasis on these meals isn't very beneficial. A balanced diet is much healthier. Buy seasonal fresh fruit and veg and try to include fish that are high in omega-3s on your dinner plate several times a week.

Superfoods Raw cacao powder & chickpeas

Raw cacao powder is high in flavonoids and magnesium and has one of the highest antioxidant values of any foods. It is pretty rich so you won't need too much of it. Chickpeas, meanwhile, are high in vitamin B6, something your body may need more of if you are on the contraceptive pill or in a high-stress job.

Rethink Your attitude to snacking

It's easy to believe you can still eat a whole chocolate bar, a big box of popcorn filled with butter at the movies or a bag of lollies, especially if you're exercising regularly. However, your 30s really is the time to adopt some life-long healthy habits, and regular snacking ought to be on its way out.

405

Essentials

This is when you realise you're not invincible, ironically at a time when you probably have more demands placed on you than ever. A balanced diet that helps you combat fatigue, stay physically strong and provide energy is essential. Make sure you eat plenty of leafy greens high in antioxidants and enough protein from a variety of sources.

Danger zone

This is when you can start to pile on the kilos as your metabolism slows down, so **avoid snacking** on sugary foods between meals, especially cakes, chocolate, sweets and biscuits, and attack any tummy bulges with yoga, jogging, weights or pilates. It's also extremely important to avoid skipping meals, which is often triggered by exhaustion.

Superfoods Milk and alfalfa

Bone strength to avoid osteoporosis becomes important at this age, and drinking milk is an excellent way to top up your calcium levels, as is eating foods like almonds and low-fat yoghurt and cheese. Alfalfa is high in phytoestrogens, which helps balance hormone levels if you are near menopause.

Rethink Your attitude to alcohol

Alcohol consumption among this age group is one of the highest in Australia, often triggered by the demands to be the "perfect" partner, friend and mother. While you may want to enjoy a glass or two with family and friends, keep an eye on how much you're drinking, and more to the point, your reliance on it.

TAY

Essentials

While younger women may be diagnosed with serious illnesses like type-2 diabetes, stroke and cancer, this is the decade you need to be extra vigilant. A **diet high in nutrients and vitamins** to handle your body's changing hormones is crucial. Eating fish a few times a week can be beneficial to maintain memory and keep hunger levels at bay.

Danger zone

Keeping within a healthy weight range gets harder, but it's not impossible. Be strict about weighing yourself weekly, and keep an eye on **belly fat** as it's this area that can trigger health problems if your body mass index tips over the healthy weight range for your height. Exercise, to maintain flexibility and keep depression at bay, is a must.

Superfoods Oats and beetroot

Porridge made with oats for breakfast is a great way to combat high cholesterol, which needs to be kept in check at this age. Beetroot is also good for bettering your stamina, improving blood flow and lowering blood pressure. Post-menopause, women also need to be more aware of their heart health.

Rethink

Your attitude to sleep

Many women in their 50s complain of sleep deprivation, especially if suffering hot flushes during menopause. Find ways to guarantee a good night's sleep. Install a fan or air-con, drink a glass of warm milk before bed, and don't check your smartphone, computer or tablet at night for texts or social media updates.

Essentials

Maintain an interest in fresh food and don't fall into the "pensioner" trap of buying tinned or frozen foods because they're on special. Bowel health is important too, so make sure you are still eating foods high in fibre such as whole-grain bread, legumes and fresh vegies like red cabbage, mushrooms and broccoli.

Danger zone

It's not unusual to **lose your appetite** as you get older,
so you need to have the right
nutrients on your plate if your
portions are becoming smaller.
Include foods high in calcium,
protein and some carbs. For
example, a grilled chicken breast
(skin off) and a mixed salad with
a side of cheese, crackers and
fruit salad would be ideal.

Superfoods Raw nuts and nutritional yeast

Unsalted raw nuts are high in the nutrients you need, and nutritional yeast flakes are high in vitamin B, providing the flavour you may be looking for without adding large quantities of salt, which can raise blood pressure. Enjoy a handful of these on a daily basis.

Rethink

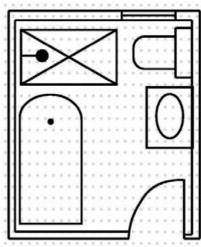
Your attitude to hydration

Older people don't always recognise that they may be dehydrated. It's a good idea to maintain same habits you had when younger, like preparing a jug of iced water with slices of lemon or lime and fresh mint to keep in the fridge and drink all day. You can also enjoy herbal teas if you prefer.



Two in one

If space is tight and you want both a shower and tub, install a shower over the bath.



2

Access all areas

This layout allows clear access to all items – bath, shower, toilet and vanity.

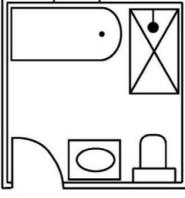


WITH JAMES TREBLE

BATHROOM -

CHEAT SHEET

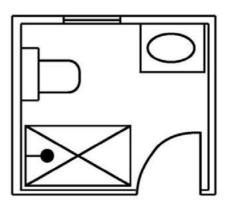
James gives his tips on creating a fab and functional **bathroom**.





Hide the toilet

This layout works as ideally, you don't want to see the loo when you open the door.





Shower only

These days, many people opt for a shower only to save space and to suit a busy lifestyle.

BATHROOMS ARE ONE of the most expensive rooms in your home, second only to the kitchen. If you consider the cost of plumbing, tiling, tapware, baths and basins, you can easily see the dollars adding up. But it's one of the most used rooms in the house, so we want it to be both functional and beautiful. It's so easy to overspend in showrooms or tile stores, as well as make simple design blunders, so I'm going to provide some tips to consider when renovating your bathroom.







NICE & SIMPLE Ezifix White **toilet seat**, \$5.99, from Bunnings.



SLICK BLACK Perma Products "Easy Fix" **toilet seat**, \$6.90 from Masters Home Improvement.

THE LAYOUT

When designing the bathroom layout, it must always be **function over form!** Meaning its function is more important than the look. There are building codes and guidelines, which your plumber will be aware of, but it's essentially common sense as well. So when planning the layout, consider these points.

- Make sure you can open the shower door without banging it against the vanity. Sounds simple but I see it happen on a constant basis.
- Make sure your bath is big and deep enough to enjoy – it's not worth the use of space if you can't really use it.
- Make sure you allow space for towel
 rails near the shower for ease of use.
- Make sure you can access the loo easily and that you can reach the toilet paper – we've all been in bathrooms that have this problem!
- Make sure the vanity you select has enough storage. Girls need more than boys, with hair dryers and the rest of their make-up, etc, so make sure you allow for all their stuff.



TOILETS

Toilets can range greatly in pricing depending on the quality and look you're after, but here are the basics. **BUDGET** A simple **link suite** is where the cistern is mounted to the wall and is separated from the pan with a PVC apron. You can buy one for under \$150. MID-RANGE A close-coupled suite is where the cistern sits directly on top of the pan, which creates a cleaner look. A wall-faced suite sits flat against the wall, hiding the water connections and giving a modern, easy-to-clean finish. Look at spending about \$135 to \$500. **PREMIUM** If you want a high-end look then go for a concealed or in-wall toilet where the cistern is built into the wall cavity so only the buttons show. You can have it floating off the floor, too. Spend about \$600 to \$1000.



BATHTUBS

When you do have time for a good soak, you want to enjoy it. Therefore, the size and style of your bath is an important decision. Make sure you head to a showroom to try before you buy. **BUDGET Inset baths** sit into a tiled hob - this is a more traditional-looking bath. If you're installing this type, make sure you sit inside it before buying it to see if it's long and wide enough. You can buy these for as little as \$120. **MID-RANGE** For a more **designer** look, many inset baths have been moulded in slick, modern shapes. These can cost from \$330 to \$700. **PREMIUM** If you have the room, go for a **freestanding** bathtub. They come in a variety of styles and materials from acrylic or resin to stone and metal. You'll pay up to \$800 - or more.





CHROME FINISH Kludi "Bozz" **basin mixer**, \$259, from Tradelink.



TAPWARE

I spend a lot of time with my clients selecting the right tapware. I consider them to be the jewellery of the outfit and they can make or break a bathroom design. **Traditional** taps come in a set, being one for hot, one for cold and a spout. I prefer to use **mixers**, which are functional, easy to clean and provide a modern look.

Whatever style you go for, I suggest buying quality, especially for wall-mounted mixer taps, as replacing them may include removing tiles, which can be costly. Make sure you touch and feel the taps before buying to make sure they are as nice to use as they are to look at. Here's what you'll be paying: BUDGET \$40 to \$150.

MID-RANGE \$150 to \$300. **PREMIUM** \$300 to \$700.

BASINS

There are four basic basin designs.

Wall-hung basins are perfect for small spaces with tight access. There is usually no storage underneath.

Semi-recessed basins are part recessed into the vanity so that the bowl sits forward. These are often used to allow more space in a tight floorplan.

Above-counter basins sit above the vanity top. Some sit high and others have a slim profile, depending on the desired look you're going for.

Undermount basins sit under the

benchtop. This creates an uncluttered look that's great for modern spaces, but remember your tapware will have to be bench- or wall-mounted.

BUDGET \$75 to \$150.

MID-RANGE \$150 to \$400. **PREMIUM** \$400 and up.



TILES

Go for a style that sits well with the architecture and design of your home. Simple ceramic tiles are always safe bets and by far the least expensive. Graphic or colourful tiles may make a statement, but they are costly, both to buy and to change later - they will date quicker than more simple schemes. Feature mosaics can look striking but are costed per sheet, not per square meter, so just a rear wall for a shower may end up costing \$2000 or more. Natural stone tiles need to be sealed to protect them from staining. You'll need to reseal over time, too.

Tiles cost from approx \$30 to \$500 a square metre, plus you have to add in the cost of labour and preparation.

BIG-IMPACT UPDATES

If you want to give your bathroom a new look or you need to make your older bathroom look more modern, there are a few **cost-effective** things you can do. Consider installing new tapware, replacing the showerscreen or toilet seat and updating the vanity. All of these, or even just one of them, will spruce up your bathroom without going for a whole renovation.

One last point: remember to consult the professionals, do your research and collect all the images and information you can. All of that well-spent "homework" time will make sure you end up with an amazing bathroom that you will love for years to come. H.

makes the room feel bright and fresh.

3. I QUITE OFFIEN...

use a **mirror** with an amazing gold or baroque frame instead of the usual polished-edge mirror as a statement piece - it can turn a standard bathroom into a show stopper.



ELIMINATION CHALLENGE

THE BLOCK TRIPLE THREAT

The very first episodes of *The Block* 2015 gave a taste of the fun to come. Here's the **living room challenge**.



COMFY COUCH Studio 2.5-seat **sofa** in Arena Neptune, \$999, from Freedom.



LIGHT ON Lab 1-light **pendant** , \$119, from Beacon Lighting.



BEACHY VIBE Madras jute **rug** in Natural (1.2m x1.8m), \$149, from Freedom.



TAKE A SEAT Replica Grant Featherston "Contour" **lounge chair**, \$1095, from Matt Blatt.





BLOCK COLOUR Lineum **cushion** in Linen (50cm x 50cm), \$39.95, from Freedom. BUDGET BUY Replica Eames "DSW" **chair**, \$69, from Theblockshop.com.au





BEAUT BOWL Crease **bowl** in Aqua (30.5cm), \$41.89, from Freedom.



ON THE SIDE Amelia **side chair** in Aqua Blue, \$225, from Clickon Furniture.









FINE TO DINE Helsinki **dining chair**, \$149, from Dare Gallery.



LIMITED EDITION
Katie McKinnon **art print**, from
\$462, from Theblockshop.com.au



NATURAL TONES Husk **pendant** in Matt White/Ash, from \$89.96, from Beacon Lighting. **H•**



WITCHEN!

FROM THE GOOD GUYS · enter now at kitchens.thegoodguys.com.au



Find your closest showroom at kitchens.thegoodguys.com.au or call 1300 764 737



A DESIGNER VISITS YOU IN-HOME

You'll discuss and share ideas, designs, colours and finishes until you get it just right.



TOGETHER, YOU'LL PLAN UNTIL IT'S PERFECT

When you're ready to go ahead, we'll start drawing up your kitchen plans, to make sure you're 100% happy with the final design.



CHOOSING APPLIANCES TO MATCH

Ovens to cooktops, fridges to freezers, dishwashers to toasters, we'll recommend the best brand appliances to match your budget and new kitchen.



*To enter go online to **kitchens.thegoodguys.com.au/win-a-kitchen** between Tuesday 3 February 2015 and Sunday 10 May 2015, fill out all details on the entry form and in 50 words or less describe your perfect kitchen. Competition is open to Australian residents aged 18 years and over who own the premises in which the prize is to be installed. One entry permitted per person. Winner will be advised by no later than Monday 18 May 2015 by phone and email. If the prize winner is a resident of SA, WA, TAS, NT or lives outside 100km radius of a The Good Guys Kitchens store, the cabinetry, bench top and installation portions of the prize will be replaced with a cash prize of \$15,000. Winner will still be entitled to the appliance portion of the prize, valued up to \$5000RR? The prize winner bears all responsibility for obtaining approvals and permissions necessary for installation of the prize. The major prize must be redeemed in full and as a package by 18/05/2016. For full terms & conditions go to kitchens.thegoodguys.com.au/win-a-kitchen For The Good Guys Kitchens privacy policy go to kitchens.thegoodguys.com.au Images of kitchens for illustrative purposes only.





RENO SOLUTIONS

WITH CHERIE BARBER

RENOVATING FOR **PROFIT**

Exterior reno for \$5000!

Street appeal is an important aspect to keep in mind when selling your home, says renovation expert **Cherie Barber**.

There are people who would never go to a job interview in thongs and a T-shirt, yet somehow seem to have a **blind spot when it comes to properties**. This is curious because I think a buyer is going to be just as harsh in their judgment as a discerning employer – and just as spoilt for choice. That's why **street appeal is so critical**.

THIS MAKEOVER HIGHLIGHTS all the problems with the original facade of this red-brick suburban house, and how they were addressed with **a few strategic fixes** that were done in under a week – and for around **\$5000 total**.

SECURE THE PERIMETER

The broken remnants of an old steel fence were all that separated the front yard from the nature strip. By attaching the old aluminium roof sheets from the garden shed in the backyard, which was destined for demolition anyway, I now have a **physical barrier to the street** and a proper fence. I simply anchored the roof sheets to the existing metal frame, painted it with my spray gun and, hey presto, an instant fence for **less than a hundred bucks**.

DEFINE THE DRIVEWAY

With no driveway, it was an open invitation for cars to drive straight in and park on the front lawn – never a classy look. **Compacted gravel** that was finished with two coats of Pour-On resin created a new driveway, which gave parking space for two cars. It's a DIY product that creates **a driveway** at a fraction of the cost of a concrete driveway. And I used those shed roof sheets again to close off the fence at the end of the driveway for a little more privacy.

TIDY THE GARDEN

Scrappy garden beds and random tufts of greenery gave the impression of a neglected, unloved front yard. I made **new garden beds** from low-cost timber sleepers and added new plants, which I simply **recycled** from the overgrown jungle that was called the owner's backyard.

RENDER THE BRICK

By far the biggest expense was rendering the ugly red-brick house with a terrific product called **Rockcote – a render and paint in one**. It cost around \$4000 to partially render the walls, but the uplift in value it achieved was close to triple that. I offset the charcoal colour of the house with a **light-grey paint** for the roof tiles, downpipes and guttering, and crisp off-white for the window frames.

MAKE AN ENTRANCE

The final task was tackling the front porch. **Timber slat screening**, which I painted off-white, creates a sense of entry. Some **charcoal paving paint** for the bare concrete steps and landing ensures it blends in with the rest of the house. The suburban ugly duckling is now one of the smartest-looking houses in the street. **H•**

* For more expert advice, visit homesplusmag.com.au



CHERIE'S TIPS

Stand on the opposite side of the street and take a long, hard, objective look at your property. Scrutinise every aspect as if you're looking at it for the first time, and you may suddenly notice those leaf-filled gutters, the peeling window frames and the scruffy garden beds.



NEW THINGS

Enhance the look and feel of your home with these **beautiful new products**

























1 DOMAYNE With a beautiful, artisanal feel, the Abstract dinner range gains inspiration from the trend for fashionable hand-crafted crockery. Domayne.com.au 2 TURKISH TOWELS Lightweight, fast drying and compact. Perfect for the beach, boat or pool. 100% Turkish Cotton made in Turkey; \$29 each. Neds.net.au 3 NED'S The beautiful Honeycomb glass drink dispenser and stand is perfect for summer-time entertaining; \$29. Neds.net.au 4 HAYMES Celebrating originality, Haymes demonstrates a point of difference as an Australian family business producing quality paint. Haymespaint.com.au 5 ZANUI The Scandinavian-inspired Sadie console table is both sleek and striking, and provides storage space suited to any room of your home; \$149.95. Zanui.com.au 6 HOWARDS STORAGE WORLD The new and exclusive Neata shelving system can be customised to suit any space and is available in a range of colourways. Hsw.com.au 7 DOORS PLUS Encased between two layers of clear safe glass, the Venetian range controls light and privacy in your home, also minimising noise and heat. Doorsplus.com.au 8 IKEA Have a great night's sleep and explore your own style with playful pattern and colour combinations from the Ikea range of 100% cotton bedlinen. Ikea.com.au 9 LUXAFLEX Evo Awnings can help save up to 60% off cooling costs in a typical year, giving homeowners a modern way to save money. Luxaflex.com.au 10 BUNNINGS The Mimosa 5-piece Yen Tihn cement setting features a floral design which will complement your outdoor area; \$599. Bunnings.com.au 11 CASH CONVERTERS It's amazing how quickly we grow out of the things we buy these days, but it's good to know that you can turn them into instant cash. Cashconverters. com.au 12 SPOTLIGHT 100% cotton Ombre Blu quilt covers are the perfect balance of sophistication and practicality; from \$39.99. Spotlight.com.au

OUR PET ISSUES ĽISA'S PET ADVICE

Pets bring a lot of love and joy to the home but occasionally problems, too. But don't worry, **expert help** is at hand.

I have bad allergies. What pet would you recommend for someone like me?

First, I recommend that you find out what animals you are actually allergic to - consider having an allergy test with a doctor. Generally, animals that shed less hair are usually less allergenic. Dogs like poodles, westies and Bichon Frisé have fluffy coats that barely shed. Most cats shed hair, so you could consider a short-haired cat like a Devon Rex, Cornish Rex or Sphynx.

How regularly do I need to vaccinate my dogs and cats?

Puppies and kittens will need 2-3 rounds of vaccines, depending on the vaccine type, 4 weeks apart starting at 6-8 weeks of age. This is because they need to build up immunity after their maternal antibody levels have worn off. They will then require a booster at around 12 months of age, and then every 1-3 years for life depending on the vaccine type. If your pet is having vaccines every 3 years, it's still important to take them for an annual health check so that your vet can detect health problems early, which can often make treatment more effective.



My dog is driving me crazy by constantly licking her paws. What could be the cause of this?

It sounds like your dog has allergies. Licking and biting the feet is a sign of itchiness, often related to an allergic skin disease called atopic dermatitis, which is similar to eczema in people. It's really important to take her to your vet to find out what may be causing this, so that you can try eliminating the source. Your vet may refer you to a veterinary dermatologist who can perform skin testing to determine the exact allergens, and make a vaccine to help control the allergies long term. Your vet will also prescribe medication to stop the itching in the short term, which will make you both feel better. H.

Smelling nice

Why not spoil your pet with the soft and cuddly Petlife "Odour Resistant" blanket. It contains silver ion technology that helps kill the bad bacteria that causes nasty odours, making it a welcome addition to your home.

* For more expert advice, visit homesplusmag.com.au



ABOUT SCOTTY

Scotty Cam is a DIY legend, The Block host and top bloke. Plus, he's dad to Charlie, Sarah and Bill



SCOTTY'S DIY

TIMBER BLACKBOARD

Scotty Cam shows you how to make your own blackboard – it's just the thing for the whole family to leave messages on.

BEGIN WITH:

- 1565mm x 900mm MDF board
- 2 Blackboard paint
- 3 Pencil and tape measure
- 4 Lengths of timber (Scotty used 40mm pine)
- 5 Handsaw or drop saw
- 6 Hammer and nails
- 7 Drill and screws





STEP-BY-STEP VIDEO

Use the free *viewa* app to scan this page and check out Scotty's how-to video for this great little blackboard project.

STEP ONE First, paint one side of your MDF board with blackboard paint. Leave it to dry while you knock up your timber frame. STEP TWO Measure and mark your lengths of timber to create the four pieces that will become your frame. It needs to be slightly bigger than the board as it will sit on the face of the blackboard. I've made the outside of the frame measure 575mm x 910mm. STEP THREE To make mitre joints, cut your timber at a 45° angle from the marked outside edges. I used a drop saw, as mitre joints can be difficult to cut if you don't have one. But you could use a mitre box or simply a butt joint if you aren't confident. You should now have two long and two short lengths of timber to make up your frame. It's important that the two top and two side pieces are exactly the same length, so you don't throw your dimensions out.

STEP FOUR Make your frame up on your bench and use nails around the outside edge to hold in position. Place your board, paint-side down, over the top of the frame. The board should be 5mm from each edge.

STEP FIVE Screw the board to the frame and hang. Now you have a blackboard for the kitchen where everyone can leave their messages!







DIFFICULTY RATING CHART

EASY AS 1, 2, 3

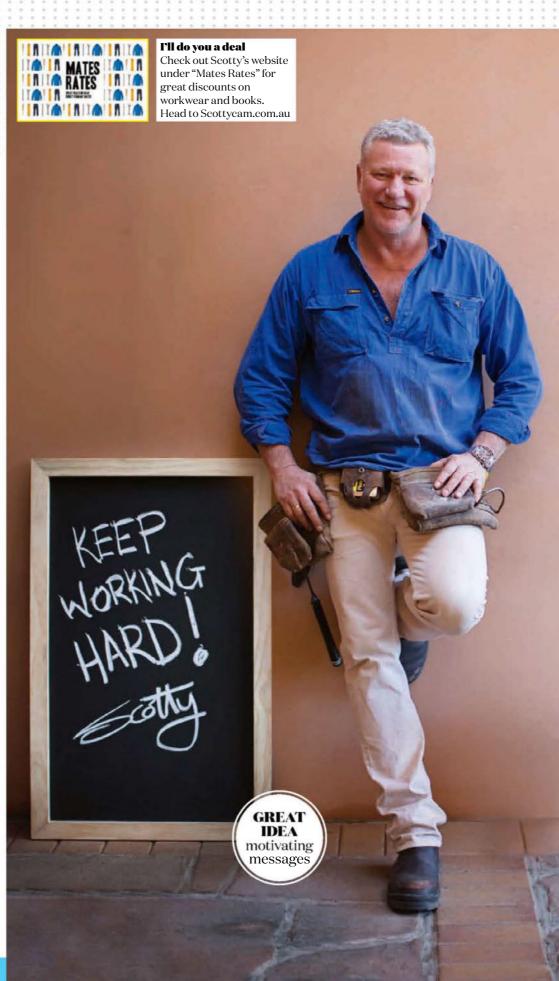
A BIT HARDER

SET A FRIEND TO HELP YOU





TIP
Make sure your
board is nice and
smooth and that
you remove any
dust before
you start
applying the
blackboard paint.



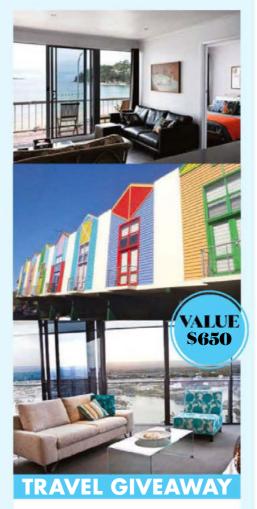
COMPETITION

WIN! WIN! WIN! PRIZES TO BE WON

Keep your pets safe, organise your bathroom, stay dry and go on a holiday with these **prize picks**.







WIN A STAY IN A HOLIDAY HOME!

We've got seven stays in the Aussie holiday home of your choice to be won this month, thanks to our friends at **Stayz**. Win one of the seven \$650 vouchers up for grabs, and you can put it towards any **Stayz** holiday accommodation of your choice.

See below for details on how to enter.

FROM TOP Rivermouth apartment, Tas; Lorne Beach Stays Studio Apartments, Vic; A Lux Circle on Cavill, Qld.

How to enter

To win the Everloc, Blunt or Purina Petlife prizes on this page, nominate which prize you would like to win and tell us in 25 words or less: "What do you love most about autumn?" To win a holiday home stay, tell us "What does your family enjoy most about staying in holiday homes?" in 25 words or less. In your entry, indicate which prize you would like, include your full name, postal address, telephone number, email address and age. There are three ways to enter:



- 1. VISIT OUR WEBSITE, Homesplusmag.com.au
- 2. VIA VIEWA See the *viewa* information below.
- **3. WRITE TO US** at **homes+** March competition, GPO Box 4088, Sydney, 2000. Write the prize you would like on the back of the envelope and in your entry.

This is a game of skill, not a game of chance. The promotion closes at 23.59pm, (AEST) 22 March 2015. Entry is open to homes+ magazine readers who are Australian residents aged 18 years and over only. Limit of one entry per prize permitted per person. If you do not want your information given to any organisation not associated with this promotion, please indicate this clearly on your entry. For full terms and conditions go to Homesplusmag.com.au. See page 129 for Privacy Notice. The Promoter is Bauer Media Pty Ltd (ABN 18 053 273 546).







FRF TO B

WEBSITES PROVIDED BELOW ARE NOMINATED BY THE SUPPLIER AS THE NATIONAL CONTACT DETAILS FOR LOCATING YOUR NEAREST STOCKIST.

INDICATES THAT THE SUPPLIER OFFERS ONLINE OR MAIL-ORDER SHOPPING OR ORDERING

Amalfi Homewares Amalfihomewares.com.au

Angus & Celeste Angusandceleste.com **Appliances Online** Appliancesonline.com.au

Aura by Tracie Ellis Aurahome.com.au *

Beacon Lighting Beaconlighting.com.au + **Beaumont Tiles**

Beaumont-tiles com au Bed Bath N' Table

Bedbathntable.com.au

Bing Lee Binalee.com.au Blunt Umbrellas

Bluntumbrellas.com **Bunnings**

Bunnings.com.au Catch Of The Day

Catchoftheday.com.au **Chocolate Wood**

Chocolatewood.com.au Clickon Furniture Clickonfurniture.com.au

Dare Gallery Daregallery.com.au **David Jones** Davidjones.com.au

Designstuff Designstuff.com.au *

Di Lorenzo Dilorenzo net au

Domayne Domayneonline.com.au

Dulux Dulux.com.au ...

Early Settle: Earlysettler.com.au

Ebay Ebav.com.au ... Eckersley's Art & Craft

Eckersleys.com.au **Emily Ziz Style Studio**

Emilyziz.com Etsv

Eurowalls Eurowalls.com.au Everloc Everloc.com.au

Etsv.com .

Fantastic Furniture Fantasticfurniture.com.au

Freedom Freedom.com.au ...

Giant Swan 🇾 Giantswan.com.au 🛊

Glasshouse Fragrances Glasshousefragrances.com . Godfreys

Godfreys.com.au *

Н&М Hm.com/au Harvey Norman Harveynorman.com.au Hawaiian Lion Kawaiianlion.bigcartel.com 🔻

Havmes Haymespaint.com.au

Heaven In Earth Heaveninearth.com.au

Howards Storage World Hsw.com.au

Ikea Ikea.com.au . (SA, WA)

King Furniture Kingfurniture.com.au 🛊 Kmart Kmart.com.au

Lincraft Lincraft.com.au

Masters Home Improvement

Masters.com.au Matt Blatt Mattblatt.com.au *

Maxwell & Williams Maxwellandwilliams.com.au

Miele Miele.com.au

Mitre 10 Mitre10 com qui Murchison-Hume

Murchison-hume.com Murobond Murobond.com.au

No Chintz Nochintz.com •

Officeworks Officeworks.com.au * One French Summer

Onefrenchsummer.com.au **OZ Design Furniture** Ozdesignfurniture.com.au

Pet Circle Petcircle.com.au ...

Pillow Talk Pillowtalk.com.au

Poho Flowers Poho com qu

Porter's Paints Porterspaints.com.au *

Pour-On Pouron.com.au Purina Petlife Petlife.com.au

Qualityproducts.com.au 🔸

Rockcote Rockcote.com.au

Salt&Pepper

Saltandpepper.com.au Seventy Tree Seventytree.bigcartel.com ...

Smash Supplies Smashsupplies.com.au

Society6 Society6.com

Sokol Sokol.com.au

Spotlight Spotlight.com.au + Stegbar

Stegbar.com.au Supertex

Supertex.com.au ...

Target Target.com.au 🛊 **Taubmans**

Taubmans com au Tensens

Tensens.com.au The Block Shop

Theblockshop.com.au The Good Guys

Thegoodguys.com.au The Iconic

Theiconic.com.au 🛊

The Minimalist

Theminimalist.com.au *

The Shelving Shop Shelvingshop.com.au *

Tradelink Tradelink.com.au

Туро Typoshop.com.au 🔹

Utopia Goods Utopiagoods.com

Velux Velux.com.au

West Elm Westelm.com.au . Westinghouse

Westinghouse.com.au * White Knight Quality Products Direct Whiteknightpaints.com.au ... Williams-Sonoma Williams-sonoma.com.au

> Zakkia Zakkia.com.au 🐐 Zanui

Zanui.com.au

PLUS TRAVEL Visit Stayz.com.au and type

in the following codes

A Lux Circle On Cavill (Qld) 101158

Beach Villa Whitesands (WA) 18668

Glenelg (SA) 99495

Ivanhoe At Manly (NSW) 145602

Lorne Beach Stays Studio Apartments (Vic) 27055

Rivermouth (Tas)

Village At Parap (NT) 118150

YOUR PLACE IN HOMES+

Would you love to see **your place in homes+** magazine? Send us some pics and if chosen, we'll feature your home in the mag. Plus, **you'll win** \$1000! Email your name, phone number, email address and postal address, plus photos of your home to: ag@bauer-media.com.au

HAVE YOU JUST DONE A RENO AND/OR REVAMPED YOUR BACKYARD? YOU COULD WIN \$1000!

Send photos of your project to: Homesplusmag@bauer-media.com.au

Bauer Media Privacy Notice This issue of homes+ magazine, published by Bauer Media Limited (Bauer Media), may contain offers, competitions or surveys which require you to provide information about yourself if you choose to enter or take part in them (Reader Offer). If you provide information about yourself to Bauer Media, Bauer Media will use this information to provide you with the products or services you have requested, and may supply your information to contractors that help Bauer Media to do this. Bauer Media will also use your information to inform you of other Bauer Media publications, products, services and events. Bauer Media may also give your information special prizes or offers and that are clearly associated with the Reader Offer. Unless you tell us not to, we may give your information to other organisations that may use it to inform you about other products, services or events or to give to other organisations that may use it for this purpose. If you would like to gain access to the information Bauer Media holds about you, please contact Bauer Media's Privacy Officer at Bauer Media Limited, 54 Park Street, Sydney, NSW, 2000.

Letters to: **homes+**, Reply Paid 5252, Sydney, NSW 2000. Printed by PMP Ltd Clayton, 39-49 Browns Rd, Clayton, VIC 3168. Published by Bauer Media Pty Limited (ACN 053 273 546), 54-58 Park Street, Sydney, NSW 2000, (02) 9282 8000.
The trade mark **homes+** is the property of Bauer Consumer Media Limited and is used under licence. Distributed by Network Services, 54 Park Street, Sydney, NSW 2000, (02) 9282 8777. *Recommended price, homes+. No material may be reproduced in part or in whole without written consent from the copyright holders. Bauer Media Pty Limited does not accept responsibility for damage to, or loss of, freelance material submitted for publication. Allow several weeks for acceptance or return. © 2015 Bauer Media Pty Limited. All rights reserved. ISSN 2203-871X

Subscription sales and inquiries

visit www.magshop.com.au EMAIL magshop@magshop.com.au CALL 13 61 16, 8am-6pm (EST) Monday-Friday Post Magshop, GPO Box 5252, Sydney, NSW 2000

homes+ magazine is published by Bauer Media Pty Limited



NEXT MONTH

(ON SALE MARCH 23)



Make a picture board with Scotty Cam

MAKE A LIVING FROM DOING SOMETHING YOU LOVE AND NEVER WORK ANOTHER DAY IN YOUR LIFE!

Love Beautiful Interiors?

The Interior Design Academy's self-paced distance learning Diploma Course is delivered over 12 or 24 weeks and can be your stepping stone to a new career or profitable sideline.

It is also suitable for those wishing to manage their own home renovation or design project, or for anyone looking to indulge their interest in this dynamic and exciting industry.



Self-paced Diploma course by distance learning.





Learn what it takes to be a freelance journalist.

In as little as 12 weeks you can be well on your way to being a published writer with the "Professional Freelance Journalism" Cou

Our self-paces Diploma Course will teach you all you need to know.

Free Call: 1800 217 970 MORRISJOURNALISMACADEMY.COM



www.theinteriordesignacademy.com

BECOME A TRAVEL WRITER

Indulge your love of travel as a potential new career or simply as a means of funding your travels.



will teach you how to go about it.

FREE CALL: 1800 217 970 TRAVELWRITINGACADEMY.COM



Passion for Fashion?

Why not indulge it and train as a stylist. Self-paced Course delivered over 12 or 24 weeks.

Make styling a rewarding hobby or a new career this year.

The Professional Photo, Film, TV Personal Stylist's Course

FREE CALL: 1800 238 811 AUSTCOLLEGEPROFESSIONALSTYLING.COM

your beautiful home is just a click away



Shop online at www.zanui.com.au. Australia's online destination for furniture and homewares

